

CANTEEN NEWS

The school canteen operates as a service to children and staff, by providing lunches and counter sales each day of the school week.

It is school operated; school council oversees operations and employs a Food Services Manger who reports directly to the council.

- **We comply with current legislation and operate a Food Safety Program**
- **Our menu follows Education Department guidelines and the “Go For Your Life” strategy; and offers a variety of foods from the healthy lunch to a canteen style treat**
- **Our smiley face system encourages families to select foods along nutritional lines.**
- **Canteen operates each school day offering lunch orders and counter sales.**
- **For lunch orders send along 2 bags one for hot food one for drinks and snacks.**
- **Clearly write child’s name, grade and food required on each bag.**
- **Enclose money in one bag, fold, place in second bag, money will then be secure.**
- **Lunches are made to order only and hot food is not available over the counter. Lunches are collected from the canteen in crates by monitors and eaten in the classroom.**
- **Children can purchase snacks, icy poles and drinks over the counter at morning recess and lunchtime.**
- **The canteen must be profitable to remain open, it is not subsidised by school council. All profits are directed to support the schools fundraising efforts.**

OVERPORT PRIMARY SCHOOL

CANTEEN PRICE LIST 2009

ORDERING A LUNCH

When sending a lunch order with your child, please write the following clearly in the centre of a paper bag.

Child's name & grade

Room number

Food order

Amount of money enclosed

Please supply two bags, one for hot food, one for drinks & extras.

The canteen will supply bags at a charge of 5c per bag.

☺ HAPPY SMILE SYSTEM ☺

All the foods on this canteen menu are ranked with a number of Smiley Faces according to nutrition. This is to allow you & your child to make informed choices about your daily food intake.

☺ = Enjoy these foods as an occasional treat

☺☺ = These foods are a *better* choice

☺☺☺ = These foods are the *best* choice

SANDWICHES 😊 😊 😊

Rolls add an extra 20c

Vegemite	\$1.00
Ham	\$1.80
Ham & Tomato	\$2.20
Ham & Cheese	\$2.70
Cheese	\$1.80
Cheese & Tomato	\$2.20
Salad	\$2.00
[lettuce, carrot, tomato]	
Chicken with Lettuce & mayo	\$3.20
Tuna & Lettuce	\$2.50
<u>Extra salad add 20c per salad item</u>	

JAFFLES 😊 😊 😊

[Any of the above fillings] +

Baked Beans	\$1.70
Baked Beans with Cheese	\$2.00
Spaghetti	\$1.70
Spaghetti with Cheese	\$2.00



MUNCH LUNCH \$3.20

Select one item from each column

<u>Jaffle</u>	<u>Dessert</u>	<u>Juice</u>
Cheese	Popcorn	Spring
Spaghetti	or	Water
or	Honey	or
Baked Beans	Pikelet	Tropical
		Juice
<u>Tomato Sauce</u>		<u>15c</u>

HOT FOOD 😊 😊 😊

Lasagne	\$3.40
Twista Bolognaise	\$3.40
Chicken Wrap with Lettuce & Sweet chilli sauce	\$3.20
Mexican wrap with Chicken, cheese, salsa & lettuce	\$3.80

NEW LINES 😊 😊 😊

Fried Rice	\$3.80
Baked Potato with Cheese & salsa Salad & cheese	\$3.50
Chicken & cheese	\$4.00
[+ Sour cream optional with all fillings]	
Corn Cob	\$1.00

HOT FOOD 😊 😊

Chicken Dip in Stix	\$3.40
Chicken Burger	\$3.25
With lettuce & mayo or Sweet chilli sauce	
Chicken Burger [plain]	\$3.00
Pizza	\$2.80
Noodles	\$2.20
[Chicken or Oriental]	
Sausage Roll	\$2.60
Party Pies	\$1.10

HOT FOOD 😊

Hot Dog	\$3.00
With cheese	\$3.30

DRINKS 😊 😊 😊

Spring Water	\$1.00
<u>Up N Go</u>	
Banana & Honey	\$1.50
<u>Big M</u>	\$1.80
Chocolate, Strawberry	
<u>Just Juice</u>	\$1.20
Apple, Tropical, Apple/blackcurrant	
<u>Mineral Water</u> 😊 😊	
Cola, Pine/Lime, Creamy Soda & Apple/Raspberry	\$1.80

COLD DESSERTS 😊 😊 😊

Frozen Yoghurt [Strawberry]	\$2.00
😊 😊	
Frozen Slush Puppie	\$1.50
Cola, Grape, Blueberry, Strawberry, Frosty Berry	
Shocker [sour]	\$1.70

SNACKS

😊😊😊 Popcorn*	\$1.30
😊😊 JJ's crispy snack	\$1.20
😊😊 Red Rock Deli Chips	\$1.20
😊😊 Sultana Snaps	40c
😊😊 Gingerbread man	\$1.40
😊😊 Piranhas	\$1.00
😊😊 Rice Wheels *	50c
😊 Choc chip muffin	\$1.60
😊 Anzac Cookie	\$1.50

* =Gluten free

Counter Sales

Shapes	5c
Teddy's	5c
Mini Wheats	5c
Snaps	40c
*Rice Wheels	50c
Noodles	80c
Piranhas	\$1.00
JJ's	\$1.20
Deli Chips	\$1.20
*Popcorn	\$1.30
Gingerbread	\$1.40
Giant Cookie	\$1.50

½ Tube	20c
Full Tube	40c
Calippo	80c
Icy Twist	\$1.00
Paddle Pop	\$1.30
Slush Puppie	\$1.50
Shocker	\$1.70

Water	\$1.00
Juice	\$1.20
Up n Go	\$1.50
Big M	\$1.80
Mineral Water	\$1.80

* Gluten free