

Canteen News

A new menu will be sent home with this newsletter. Please check prices when placing an order.

Reminder that hot dogs are only available on FRIDAYS.

Healthy Eating -

The canteen continues to support the Well Being and Healthy eating policies of the school; with **Green Foods** being a large part of our menu; just by adding Salad or Dairy to our **Amber foods** will also improve the nutritional content considerably.

This term we have added -

- Fried Rice made with a gluten free soy sauce
- Baked Potato with a selection of toppings.

We have reduced our packet range of counter sales and have a selection of homemade products.

- Jelly Tots low sugar with added fruit.
- Frozen fruit rings
- Oat honey balls
- Muffins
- cup cakes
- cookies
- Gluten free Koala popcorn
- De Lites

All homemade foods are portion controlled to comply with current kilojoule standards.

Our menu reflects a range of foods, allowing you and your child to make an informed choice.

Monica Champion
Canteen