

CHAMPS Program Facilitator Training

6 & 7 December 2017

The Champs program (for children aged 8-12 who have a parent with a mental illness) has undergone a transformation in the past twelve months and training to run the revised version is now being offered.

The program was first developed in 1996 and the review process has made important updates to bring the program in line with current best practice. The new CHAMPS recognises the need for a more family focused program so it will include a concurrent group for parents which offers peer support, information and a safe space to explore content being delivered in the children's program. Additional content is being developed for families living with substance use, family violence, and complex trauma.

This two day training will equip participants to deliver the training and provide support about broader implementation issues.

The Champs program is one of a number of group programs supported by the FaPMI (Families where a Parent has a Mental illness) Program.

Who should attend?

Practitioners working in mental health and child and family services, practitioners working in community agencies with vulnerable children and families. Peer workers interested in facilitating the children and/or parent groups.

Experience in running groups preferable.

Presenters: Bronwyn Sanders, Michelle Hegarty and Rose Cuff

The Bouverie Centre, 8 Gardiner Street Brunswick VIC 3056

Time: 9:15am - 4:30pm

Cost: 2 days \$410.00 meals included (GST NA)

Register at: <http://www.bouverie.org.au/training/pd>

Enquiries: Bronwyn sanders: Bronwyn.sanders@easternhealth.org.au or Michelle Hegarty: Michelle.hegarty@easternhealth.org.au



The Victorian FaPMI Program
Families where a Parent has a Mental Illness



representing Victorian
mental health carers



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