

# Foundation Week 4 Outline

*This is an outline to help students stay updated with the curriculum to support their personal development. This is a guide for families to help provide a structure for home learning.*

*Remember you only need to upload one item from each curriculum area per week.*

Monday 4/5	Tuesday 5/5	Wednesday 6/5	Thursday 7/5	Friday 8/5
<p>View the daily <b>Seesaw</b> introduction from your teacher, that has an outline of suggested activities for the day.</p> <p><i>Look for the secret activity from Ms Gleeson...don't tell mum or nanna or your special Mother's Day person!</i></p>	<p>View the daily <b>Seesaw</b> introduction from your teacher, that has an outline of suggested activities for the day..</p>	<p>View the daily <b>Seesaw</b> introduction from your teacher, that has an outline of suggested activities for the day.</p>	<p>View the daily <b>Seesaw</b> introduction from your teacher, that has an outline of suggested activities for the day.</p>	<p style="background-color: #ff00ff;"><b>WELL BEING FRIDAY!</b></p> <p>Today is a day for some fun. Below are some suggestions that you might like to try.</p> <p>If you would like to continue working on learning tasks ...</p>
<p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p><b>PM BOOK:</b> Use PM readers and the code that was sent to you to read a 'just right' book to your teacher.</p> <p>Record this book in your yellow reader log.</p>	<p><u>Literacy Block</u></p> <p>Practise your Magic Words and letters</p> <p><b>PM BOOK:</b> Read a 'just right' book from PM and record this book in your yellow reader log.</p>	<p><u>Literacy Block</u></p> <p>Practise your Magic Words and letters</p> <p><b>PM BOOK:</b> Read a 'just right' book from PM and record this book in your yellow reader log.</p>	<p><u>Literacy Block</u></p> <p>Practise your Magic Words and letters</p> <p><b>PM BOOK:</b> Read a 'just right' book from PM and record this book in your yellow reader log.</p>	<p><i>Fun things you could do....</i></p> <p>Cooking Build a cubby inside or out! Play a board game Do a Art Hub drawing <a href="https://www.youtube.com/watch?v=qnDc1qlCH4s">https://www.youtube.com/watch?v=qnDc1qlCH4s</a></p> <p>Watch something on ABC Kids on Iview (Educational Focus ) <a href="https://iview.abc.net.au/category/abc4kids">https://iview.abc.net.au/category/abc4kids</a></p> <p>Create a Lego creation Watch the movie of 'Stickman' <a href="https://iview.abc.net.au/show/stick-man">https://iview.abc.net.au/show/stick-man</a></p>
<p><u>Sound waves activity</u></p> <p>Complete the soundwaves activity on <b>Seesaw</b></p> <p>Week 4: Monday: Phonics: Soundwaves Unit (empty eggs, e, e, e)</p>	<p style="text-align: center;"><u>Book Experience</u></p> <p>Watch 'Stick man' video on <b>Seesaw</b>.</p> <p>Watch the activity from Mrs Marshall</p> <p>Today you will be drawing the characters from the story and</p>	<p><u>Book experience</u></p> <p>Watch 'Stick man' video on <b>Seesaw</b>.</p> <p>Watch the activity from Mrs Marshall</p>	<p><u>Soundwaves</u></p> <p>Complete the soundwaves activity on <b>Seesaw</b></p> <p>Week 4: Thursday: Phonics: Soundwaves Unit (girls giggle, g, g, g)</p>	<p><i>If you want to keep learning today...</i></p> <ul style="list-style-type: none"> <li>• 'more or less' card game</li> <li>• Race to ten on tens frame</li> <li>• Play the Final Countdown</li> <li>• Soundwaves games for this week's sounds.</li> <li>• Listen to a story</li> </ul>

<p>Handwriting Letter Ee focus: watch the <b>Seesaw</b> modeling of the letter Ee by Mrs Sanders</p>	<p>labeling them with describing words.</p>	<p>Today you will be drawing and writing about what happened in the beginning, middle and end of the story.</p>	<p>Handwriting Letter Gg focus: watch the <b>Seesaw</b> modeling of the letter Gg by Mrs Sanders</p>	
<p><b>Maths warm up</b>  <a href="https://www.youtube.com/watch?v=a9wt4K5Zup0">https://www.youtube.com/watch?v=a9wt4K5Zup0</a></p> <p><b>Maths - Patterns</b></p> <p>Watch the <b>Seesaw</b> video on making patterns with Mrs Sanders and then make your own patterns.</p> <p>Take a photo and upload to seesaw.</p> <p>Look at <b>Seesaw</b> for instructions and complete in your scrapbook.</p>	<p><b>Maths warm up</b>  <a href="https://www.youtube.com/watch?v=rkxjAa3755U">https://www.youtube.com/watch?v=rkxjAa3755U</a></p> <p><b>Maths - Addition problems</b></p> <p>Watch the <b>Seesaw</b> video on problem solving with Ms Gleeson.</p> <p>Use your toys to solve an addition problem.</p> <p>Record your voice or a video to show your teacher your number problem.</p>	<p><b>Maths warm up</b>  <a href="https://www.youtube.com/watch?v=oKqAblcwFOA">https://www.youtube.com/watch?v=oKqAblcwFOA</a></p> <p><b>Maths-Sequencing</b></p> <p>Sequencing the day. Watch the <b>Seesaw</b> video of Mr Butler and have a go in your scrapbook.</p> <p>Take a photo and upload it to <b>Seesaw</b></p>	<p><b>Maths warm up</b>  <a href="https://www.youtube.com/watch?v=jOUdGf8oVc8">https://www.youtube.com/watch?v=jOUdGf8oVc8</a></p> <p><b>Maths- Ordinal number</b></p> <p>Watch the <b>Seesaw</b> video from Mr Butler, use your toys to create and solve the problem.</p> <p>Record your voice or a video to show your teacher how you solved the problem.</p>	<p>*****</p> <p><i>Please do not feel obligated to upload any photos TODAY on Seesaw</i></p>
<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den:</p> <p>‘Getting Wanty.’</p> <p>Today we are learning about ‘getting wanty.’ How do you feel when you want something very much but you can’t have it? We are learning how to stop the ‘wanty’ feeling by stopping, breathing and making the choice to stop ourselves from getting upset?</p> <p>Look at <b>Seesaw</b> for instructions</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den:</p> <p>‘The Bye, Bye Boat.’</p> <p>Today we are learning about the ‘Bye, bye Boat.’ We will learn how to use the ‘Bye, Bye Boat’ to let go of the things that hold us back - our worries, anger and fear, to help us to feel happy in our body, mind and heart.</p> <p>Look at <b>Seesaw</b> for instructions</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den:</p> <p>‘Mine.’</p> <p>Today we are learning about kindness and sharing when you feel like something is ‘Mine!’ We will learn how to find kindness and talk, share, take turns or even to enjoy watching other people use things when you think that something should be yours.</p> <p>Look at <b>Seesaw</b> for instructions</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: ‘Mini the Puppy.’</p> <p>Today we are learning about training our brain to pay attention so that we can learn easier and to get really skillful at doing things. We will learn that training our brain is like training Mini the Puppy. We will learn ways in which we can train our attention and make our mind stronger..</p> <p>Look at <b>Seesaw</b> for instructions</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: ‘Superpower Listening.’</p> <p>Today we are going to learn about a superpower that superheroes have. We are going to learn about superpower listening. This will help us to learn things really quickly, to solve problems and to do really clever things. training your concentration is huge . . . and a brilliant thing to do.</p> <p>Look at <b>Seesaw</b> for instructions</p>

<b><u>HPE Lesson</u></b> Learning intention: To look at an object(ball) when kicking it towards a target To place your non-kicking foot next to the object(ball) when kicking  Activity description: Log onto Seesaw and complete the following activities: <a href="#">Kick to Kick</a> <a href="#">Gates (kick)</a>	<b><u>Music Lesson</u></b>	<b><u>Technology Lesson</u></b>	<b><u>Art Lesson</u></b>	
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It is **ESSENTIAL** to be active everyday so that you can be happy and healthy!! Here are some ideas that you can do...

- Cosmic Kids Yoga session
- Les Mills for kids exercise session
- 'Just Dance' or 'Go Noodle'
- Go for a walk or a bike ride

- Give your kids breaks throughout the day.
  - Make sure to drink plenty of water.
- Provide opportunities to be active (a minimum of 30 minutes every day).
- Be kind to yourself and make sure you have some time every day to relax.

**Complete the specialist activities below.**

HPE (Monday)	Music (Tuesday)	Technologies (Prep-2) (Wednesday)	Art (Thursday)
<p><b>Learning intention:</b> To look at an object(ball) when kicking it towards a target To place your non-kicking foot next to the object(ball) when kicking</p> <p><b>Activity description:</b> Log onto Seesaw and complete the following activities: <a href="#">Kick to Kick</a> <a href="#">Gates (kick)</a></p>	<p><b>Learning intention:</b> Move and respond to the sounds of the orchestra <b>Activity description:</b> Listen to podcast and respond to the sounds with creativity movement.</p>	<p><b>Learning intention:</b> To create a sequenced algorithm that will guide BeeBot through the maze.</p> <p><b>Activity description:</b> Using simple commands, you will attempt to guide the BeeBot through a maze by creating a sequential algorithm.</p> <p>Log into Seesaw and complete the activity '<a href="#">DigiTech - BeeBot Sequencing</a>'</p>	<p><b>Learning intention:</b> Decorate a tree for Autumn.</p> <p><b>Activity description:</b> Log onto Seesaw and complete the activity: "<i>The season is changing.</i>"</p>

**Please note:** Teachers will plan for half a day during the week. Teachers will also be required to work from school some days of the week (teaching children of essential workers) - please note that on these days they may not be able to respond to emails until the following day.