



OVERPORT NEWS

From the Principal's Desk.

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Dates to remember:

JUNE

- | | |
|------|--|
| 18/6 | School Council Meeting @ 7.00pm |
| 22/6 | Yr 5 & 6 Girls Football
Yr 5 & 6 Boys Netball |
| 27/6 | EDUCATION WEEK
OPEN NIGHT |
| 27/6 | Meal Deal Day
Prep, 1 & 2 |
| 28/6 | Meal Deal Day
3, 4, 5 & 6 |
| 29/6 | Yr 4 Final Camp
Instalment |
| 29/6 | Last day Term 2
2.30pm dismissal |

Thought of the week:

Be the change that you wish to see in the world.

Mahatma Gandhi

3 to 6 Production and Prep to 2 Performance—Frankston Art Centre.

Over the last few years as our school has grown, we have tried a number of different ways to ensure all our students continue to have an annual opportunity to perform on stage. Running two shows with the younger children in the first show seemed like this might be the answer. However, brothers and sisters performing in the second show meant that the younger ones may still be up very late. Also, parents had to pay for and attend two shows on the same night exactly the same. So this year we have decided to spilt the shows completely. This means our Preps to 2s will be the stars of their very own performance at the Frankston Art Centre. The 3 to 6 Production will be held late term three and the Prep to 2 themed performance will be held early term four. Two groups of very enthusiastic teachers are working separately on the development of these two performances. We are all looking forward to them with great anticipation.

Staffing Change.

This year has been a year of significant staff change for a range of exciting reasons. And, once again, I write to you with some trepidation as I advise our community that our lovely Miss Tess Higgins has accepted a promotional position at Dromana Primary School and will finish at Overport at the end of this term. Miss Higgins has worked at Overport for twelve years and is responsible for many huge school initiatives including RACV Challenge, Real Schools and Restorative Practice, and recently, the Resilience Project. She has worked extremely closely with many families to support and engage students and will be extremely missed by our students, staff and the community. We wish her well as she takes on this next exciting venture in her career and look forward to hearing of her future successes. She will no doubt bring to Dromana PS the same wonderful sense of humor, her broad knowledge, strong emotional intelligence and sincere understanding of how best to assist and work with children and their families. I know that you will join us in congratulating her.

Parent Participation:

How to Get Involved in Your Child's School Activities

Parent involvement in a child's education is crucial. When parents get involved in their children's education, children are more likely to do better in school, be better behaved, have more positive attitudes toward school, and grow up to be more successful in life.

At the beginning of the school year attend Parent Teacher Familiarisation Meetings:

Get to know your child's teacher and other school personnel. Outline any expectations or concerns you may have and listen to plans and what they hope to accomplish with your child.

Attend school events:

Go to sports events and concerts, student exhibitions, parent-teacher meetings, parents' night, and awards events, such as assemblies.

Learn what the school offers:

Read the information the school sends home and the fortnightly newsletters. Talk to other parents to find out what programs the school offers. Investigate through the website or your teacher.



Principals Report (Cont)

Attend Sub-committee meetings:

Our school's Buildings and Grounds, Special Events and Education sub-committees are open to all parents. These meetings give you a chance to talk with other parents and staff to work together with the school to improve, as well as the chance to voice your hopes and concerns for your child and for the school. We encourage you to attend.

Volunteer in your child's school:

If your schedule permits, look for ways to help out at your child's school. Schools often have many and varied ways in which parents can get involved. Your input at the various working parties through the sub-committees will be invaluable. We often need volunteers who can:

- Attend excursions or help at the working bee or the Christmas Market.
- Serve on the school committees or school council as a parent representative
- Help in your child's class, in the school library or Art room.
- Make food for a school event such as cakes for the Christmas Market cake stall.

There are a myriad of ways in which you can help and these all say to your child education is important. With the new regulations it is essential that all parent have Working With Children check. As our last working bee was attended by only nine parents out of our 500 plus families, we believe this is because we requested WWC checks. As a volunteer there is no cost. Please log on to www.workingwithchildren.vic.gov.au/ and arrange this and provide a copy to the school. We will then be delighted to have you attend one of the many areas that will support your child and their school.



Zoe 1F, Kirby 2D,
 Billie 3B, Taj 1B,
 Thomas 1A, Ben 4B,
 TJ 5A, Wynta 5B,
 Charlotte 5C, Joshua
 3C, Willow 1E, Zain
 3A, Juliana 3B, Bel
 6A, Reece 6C, Ginny
 1D, Lana 3B, Sienna
 4B, Shaun 4B,
 Cooper PB, Huw PE,
 Isaac 5C, Nahal 5B,
 Isaac 1D

*Kind Regards,
 Julie Gleeson Principal.*



ART NEWS

BUNNINGS WORKSHOP

We had our second Bunnings workshop for the year. Students in 4A, 4D 6A and 6D completed a decorated dream-catcher with Lyn from Bunnings Frankston..

Once again the students were really well behaved and produced some great work.

A huge thanks to Lyn!

Lynne White and Andrea Santospirito
Art Specialists





Thank You Overport

It is with apprehension and excitement that I write my final newsletter piece for Overport Primary School this week. As of next term I will be beginning a new adventure at Dromana Primary School as their assistant principal. Overport Primary School has been 'my' school for close to twelve years, having started my teaching life here in physical education in my graduate year before taking on other varied classroom and leadership roles, providing me with a wealth of knowledge and experience. I would like to take this opportunity to thank the wonderful staff at Overport, most notably Julie Gleeson. Julie has been my principal throughout my time at Overport, she has supported, guided and encouraged me to be the teacher and leader I am today. I will sincerely miss the Overport Community, the parents, students, and in particular my colleagues. Thank you and see you soon.



Empowering kids to manage change and transition

It is very timely that I share with you an excerpt from a *Kidsmatter e-newsletter*. The article outlines the challenges for children going through change and what we can do as teachers and parents, to help our students and your children cope through this transitional time. It is a tough concept for most adults, so we do need to support our children through the uneasiness associated with change and transitions.

Change is an inevitable part of life and children's early experience of change provides the opportunity for adults to model and teach adaptive coping skills. Often children aren't the ones making the decision to change something in their lives. Rather, change happens to children, as the result of unavoidable life events (like transitioning to school) or decisions their parents make (like moving house). This can sometimes bring up feelings within the child of anger at the people making the decision to change, or perhaps feelings of fear around what lies ahead. Feelings of confusion are also common in children when faced with transition and change, so providing children with a sense of structure, routine and consistency (as far as possible) will help support them with managing change.

Change is often overwhelming for children, especially if the decision for change was not theirs. Parents can help children manage these intense feelings by creating a safe environment for them, and reducing the level of uncertainty around the change. Maintaining structure and regular routines helps with this, so children understand that not everything is changing, and that most important things in their world can still be relied on. This will help children to view change more optimistically and be more open to embracing the change.

Talking through the change in detail can also help children to feel involved. Open dialogue with children about upcoming change, what's to be expected and how this will impact them is important in assisting children to feel involved. Communicating what is going to happen and when removes some of the fear and worry about the unknown, and can give children the opportunity to be more engaged and feel a sense of empowerment and control in the change. This can also help children to feel safe and loved, and able to express the intense emotions they may be feeling at a point of transition.

Supporting children to feel empowered to manage change and have a sense of optimism about the future provides opportunities for developing resilience. Building resilience comes through the development of social and emotional skills, including coping skills. In order for children to build resilience they need to be exposed to life's inevitable ups and downs in the context of supportive adults, to allow children to learn practical skills for managing change. Resilience, developed through exposure to many little challenges, can be drawn on when larger challenges arise, like change and transition, and help a child feel more in control.

Ricky Joyce and Tess Higgins
Assistant Principals



TENNISTECH

Hotshots Holiday Tennis Clinic!

Tennis Tech's school holiday tennis clinic is a great way to introduce your child to tennis or to improve your game with 3 mornings of intensive and fun coaching! The clinic includes 3 mornings of tennis coaching, complimentary drinks, clinic photos, participation prizes and a BBQ lunch on the final day!

Cost (\$ per day)	Single Day	3 Days
Current Coaching Student	\$40	\$120
Non Coaching Student	\$45	\$135

Overport Park Tennis Club
9:00am-12:00pm
2018

Mon 2nd July Tue 3rd July Wed 4th July All 3 Days

Name: _____ DOB: ____/____/____
Parent: _____ Mobile: _____
Email: _____

..... Payment Details

CASH/CHEQUE/BANK TRANSFER ALL ACCEPTED

BSB: 013 740 ACCOUNT: 394927318 ABN: 48 834 702 929



Overport Park Tennis Club:
Cnr Overport Rd and Somerset Drive, Frankston South
Phone: 0400117818 Email: andy-scott@hotmail.com
www.overportparktennisclub.com.au

Friday 29th June
Last day for Term 2
2.30pm dismissal

END OF TERM HOT DOG DAY MEAL DEAL

Order forms due back by
Tuesday June 21st




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ALL CARLOADS ONLY \$30 PER MOVIE THURS-SUN

SESSIONS AT WWW.LUNARDRIVEIN.COM.AU
Information correct at time of printing. All dates and films are subject to change.

2, 4, 6, 8
Come to School
Don't be late
because
EVERY DAY COUNTS

