


Contact your child's school

- Don't assume the school will know about the situation, because your child may not have told them.
- The majority of children and teenagers do not disclose to teachers or parents.
- **Be confident that once alerted the school will want to stop bullying behaviour as much as you.**

For more information :

Please do not hesitate to contact the school if you have any concerns or questions or view the following website: <https://www.ncab.org.au/bullying-advice/bullying-for-parents/how-to-stop-bullying/>

Tess Higgins
Assistant Principal



Tony 4A, Indya 5D, Sie Sie PB, Tyler PF, Noah PF, Emily 2C, Tejas 4B, Sebastian 1C, Campbell 3A, Phina 4C, Rose 5B, Grace 1B, Bella 6C, Eric PD, Landyn 5D, Archie 6B, Lewis PD, Lisa 6D, Olivia 4B, Maxwell 1C, Jake 1C, Tyler 5A

Extend OSHC at Overport Primary School

Recap

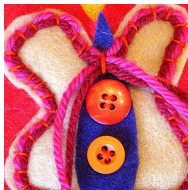
What an exciting week we had at Extend before and after school care! We did some new science experiments alongside the more commonly known Coke and Mentos experiment.

We also experimented with lots of new art and craft activities; a favourite being the pillows we made stuffing, fabric, plastic thread needles and wool – they turned out fantastic. As we all know we have a group of children who love to be outside, so we played lots of outdoor activities with a new favourite square and cricket!

Our Extend Superstar is:

Noah ... for continuously going above and beyond for his peers and helping them with their activities, cleaning up and being a great sport when participating in games!

ONLINE BOOKINGS: extend.com.au
CALL OUR OFFICE: 1300 366 437



What's on next week?

Monday 13 November:
Baden Powell Cricket Club Clinic
Tuesday 14 November:
Making Honey Joys
Wednesday 15 November:
Craft: Colourful felt flowers and butterflies
Thursday 16 November:
Science: Colourful Flowers Experiment
Friday 17 November:
Target Ball Tournament



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**Dates to remember:
November**

Fri 10th CHRISTMAS MARKET
YR 5/6 Family Life
Thurs 16th Education Sub Meeting 3.45 pm
Mon 20th School Council Meetings
Tues 21st Yr 5 Choir to perform at Karingal Hub



Thought of the week:

*Each morning we are
born again.
What we do today
matters most.*

Buddha

9th November, 2017

Volume 4, Issue 3

OVERPORT NEWS

From the Principal's Desk.

Only one more sleep!

We are very excited about our Christmas Market tomorrow. We have had a number of parents and teachers volunteer their time to help the Market to run smoothly but would appreciate more help on the night to make it an even bigger success than last year. If you would like to spend a little time, or a lot, helping on one of the stalls, selling raffles tickets or selling cakes and biscuits on our cake stall we would welcome you with open arms.

This note was sent home asking for helpers so if you can spare some time please let us know!!!

Twilight Christmas Market

Friday 10th November from 5.00pm

Preparations are underway for our upcoming Twilight Christmas Market.

Parent helpers are will be needed on the day. In order to be fully prepared, it would be great if you could let us know if you can help out.

We will need help with:

- Set-up on the day
- Gold coin entry collection
- Sausage sizzle
- Cake stall
- School 'Knick Knack' stall
- Raffle tickets
- Pack-up at the end of the night

FOOD / MARKET STALLS / FACE PAINTING
/ MUSIC / SHOWBAGS / RIDES

OVERPORT PRIMARY SCHOOL

Christmas Market

FRIDAY 10TH NOVEMBER 5-9PM
TOWERHILL ROAD, FRANKSTON

For all the families that live nearby, (walking distance), it will be a nice night for a stroll, as you know parking is very difficult at most times but with the amount of people we are expecting to come through our gates, parking will be at a premium.

There are a variety of food stalls to enjoy a Friday night eat out while walking around the school and doing some early Christmas shopping.

We look forward to seeing you all there.

Kind Regards,
Julie Gleeson Principal.

GARDEN CLUB

Our happy little garden club students and helpers had a great harvest last week. They got so many pumpkins they could have supplied everyone for Halloween. The students have had an abundance of herbs and kale. Well done and happy eating!



RACV 2017

We are at the pointy end of RACV training for 2017 with only two weeks until the competition weekend. Our three teams have been working tirelessly to improve their fitness, work together as a collaborative group and learn about the science and technology of human powered vehicles. We would not be able take part in the competition without the ongoing support of the Overport Primary School Community, RACV parents and our sponsors.



BLAZEY FENCING

RACV DAY

RACV day 2017 held on Friday 27th of October was a huge success. We raised over \$1700.00 from free dress donations, cart rides, sponge in the face and the chocolate coin toss. Thank you to the students of RACV for their efforts on the day and the donations from the school community.



Assistant Principal's Report

As we near the end of the year, it is usual that we see student anxiety levels rise due to end of year transitions, and students more tired after a long year of learning. It is at this of year that we often see an increase of tension between friends as patience levels are pushed and students are not as resilient as they once were. Many students claim that they are being 'bullied'. As a school we take allegations of bullying very seriously, however in many instances the behaviour is mean, or rude, but not bullying. Below I have listed a definition of bullying, what bullying is not and how to respond if your child is being bullied.

What is bullying?

The definition of bullying is when an individual or a group of people with more power, repeatedly and intentionally cause hurt or harm to another person or group of people who feel helpless to respond. Bullying can continue over time, is often hidden from adults, and will probably continue if no action is taken.

What bullying is not...

- Single episodes of social rejection or dislike
- Single episode acts of nastiness or spite
- Random acts of aggression or intimidation
- Mutual arguments, disagreements or fights.

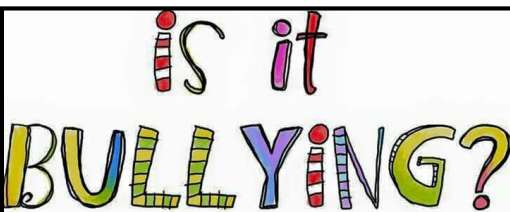
What to do if you child is being bullied?

Listen

- Try to listen to the whole story without interrupting. Be empathetic, calm and show you understand what the child is saying. They might need to tell their story more than once.

Talk

- Have a conversation about what happened.
- Try not to let your very understandable emotions (anger, distress...) show. Your feelings can intensify the child's or make it worse for them and might even deter your child from talking to you another time.
- Remind your child it's normal to feel hurt, it's **never** OK to be bullied.
- Tell them the behaviour was intentional, meant to hurt and won't just go away.
- Encourage your child not to fight back, but coach them to use neutral, or (if appropriate) joking language in response and help them explore other possible responses.
- **Ask your child what they would like to happen. Often all they want to know is how to stop the bullying. Children may feel that if the perpetrator is punished, it will be worse for them in the long run.**



When someone says or does something *unintentionally* hurtful and they do it once, that's **RUDE.**

When someone says or does something *intentionally* hurtful and they do it once, that's **MEAN.**

When someone says or does something *intentionally* hurtful and they *keep doing it*—even when you tell them to stop or show them that you're upset—that's **BULLYING.**

Canteen News

Important Dates

The canteen will be **CLOSED** from **Monday 20th November to Tuesday 28th November**

Children must bring their snacks, lunch and drinks during this time.

The canteen will **OPEN** again on **Wednesday 29th November** for **Counter sales and Lunch orders**



'OVERPORT CARES' AWARDS

These certificates are awarded at assembly each week for children who have excelled in an academic or social endeavour throughout the previous week.

30th November

Annabell e PB, All of PC, Axel PD, All of PE, All of PF, KJ 1A, Nehana 1B, Oriana 1C, Wynter 1D, Lily 2A, Branden 2B, Cooper 2C, Mali 2D, Matilda 3A, Lily 3B, Orlando 3C, William 3D, Tony 4A, Brooke4B, Brock 4C, Isaac 6A, Archie 6B, Ruby 6D,

