

Foundation Week 6 Outline

This is an outline to help students stay updated with the curriculum to support their personal development. This is a guide for families to help provide a structure for home learning.

Remember you only need to upload one item from each curriculum area per week.

GOOGLE MEETS: This week please have a think about and be ready to share 'What you are most looking forward to coming back to our classroom?'

Monday 18/5	Tuesday 19/5	Wednesday 20/5	Thursday 21/5	Friday 22/5
<p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p> <p>Please watch the video from Mr Butler on a short video we are asking you to upload for your buddies!</p>	<p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p>	<p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p>	<p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p>	<p style="background-color: #ff00ff; padding: 5px;">WELL BEING FRIDAY!</p> <p>Have a look at the Overport School page on Facebook to see today's challenge!</p> <p>Today is a day for some fun! Below are some suggestions that you might like to try.</p> <p>If you would like to continue working on learning tasks ...</p>
<p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers.</p> <p>Please record your child reading <u>once</u>, over the course of the week. Please film this as</p>	<p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. Record this book in your reading log.</p>	<p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. Record this book in your reading log.</p>	<p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. Record this book in your reading log.</p>	<p><i>Fun things you <u>could</u> do....</i></p> <p>A Cosmic Kids Yoga Adventure: 'Arnold the Ant.'</p> <p>Cooking</p> <p>Build a cubby inside or out!</p> <p>Play a board game</p> <p>Do a Art Hub drawing</p> <p>Watch something on ABC Kids on Iview (Educational Focus)</p> <p>https://iview.abc.net.au/category/abc4kids</p> <p>Create a Lego creation</p>

<p>a video and upload it to Seesaw.</p>				
<p><u>Writing</u> Please watch the video on Seesaw from Mrs Marshall. You will need your resilience book, if you have it and your workbook too.</p> <p>Today you will be drawing and writing about how you feel about coming back to school.</p> <p>Please take a photo of your work and upload it to Seesaw.</p>	<p><u>Sound waves activity</u></p> <p>Complete the soundwaves activity on Seesaw</p> <p>Week 6: Tuesday: Phonics: Soundwaves Unit (bounce balloons, Bb) Handwriting Letter Bb focus: watch the Seesaw modeling of the letter Bb by Mrs Sanders</p>	<p><u>Book Experience</u></p> <p><u>The Invisible string.</u></p> <p>Please watch the video from Mrs Sanders and complete in your workbook.</p> <p>Today you will be writing about someone you love.</p> <p>Please take a photo and upload it to Seesaw.</p>	<p><u>Sound waves activity</u></p> <p>Complete the soundwaves activity on Seesaw</p> <p>Week 6: Thursday: Phonics: Soundwaves Unit (umbrellas up, Uu) Handwriting Letter Uu focus: watch the Seesaw modeling of the letter Uu by Mrs Sanders</p>	<p><i>If you want to keep learning today...</i></p> <ul style="list-style-type: none"> • 'more or less' card game • Race to ten on tens frame • Play the Final Countdown • Soundwaves games for this week's sounds. • Listen to a story
<p><u>Maths warm up</u> <u>'My Farm' by Alison Lester</u></p> <p>https://www.youtube.com/watch?v=EBRsul3LRK8</p> <p><u>Maths - Seasons</u> We are learning about the Seasons. Please watch the video from Ms Gleeson.</p> <p>Look at Seesaw for instructions and complete in your scrapbook.</p>	<p><u>Maths warm up</u> <u>Counting backwards from 20.</u> https://www.youtube.com/watch?v=srPkt4k_O8</p> <p><u>Race to 20 or race from 10</u></p> <p>Watch the video from Mr Butler on Seesaw.</p> <p>Complete in your scrapbook. Please upload a</p>	<p><u>Maths warm up</u> https://www.youtube.com/watch?v=Du6JHupzwVo</p> <p><u>Maths games - more or less snap</u></p> <p>Watch the video from Mr Butler on Seesaw</p>	<p><u>Maths warm up</u> <u>Shopping and money</u></p> <p><u>Watch 'Llama, Llama mad at Mama!'</u> https://www.youtube.com/watch?v=Ka-tznfolzE</p> <p>We are learning that we use money to buy things! Watch the video from Ms Gleeson on Seesaw.</p> <p>Complete in your scrapbook. Please upload a photo to show your teacher your work.</p>	

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<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Taste Test.'</p> <p>Today we are going to test our taste buds and see how much more we can taste in food when we eat mindfully. We are going to take a mindful moment to really taste something. You will need something small, but tasty to eat. Slowing down and eating mindfully helps us to enjoy our food and gives us gratitude for what we are eating.</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'How to Beat Nerves.'</p> <p>Today we are going to learn about what it means to feel nervous. We will learn that feeling nervous is natural and that everyone feels it at some time. We will learn about 'finger breathing,' a clever way in which we can calm ourselves down and really allow ourselves to focus on what we have to do and to do it well.</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Be the Pond.'</p> <p>Today we are going to learn about all of the different feelings that we feel. We have so many feelings, all swimming around in our minds. We are going to learn to 'be the pond' and to just watch all of our different feelings swimming by. Sometimes we stop being the pond and we become our feelings. We will learn what we can do when one of our feelings feels like it has taken over.</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'How to Make Good Choices.'</p> <p>Today we are going to learn about how we make good choices. Every day we make lots of choices. The choices that you make can really affect how you and the people around you feel. Jaime introduces us to the traffic light technique for making good choices. Stop - Breathe - Choose!</p>	<p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'A Cosmic Kids Yoga Adventure: The Very Hungry Caterpillar.'</p> <p>Today we are going to relax our bodies and minds with some yoga. Yoga enhances our strength, flexibility and coordination. Yoga also helps concentration and improves our sense of calmness and relaxation.</p>
<p><u>HPE:</u></p> <p><u>Learning intention:</u> To use my throwing skills to complete different throwing challenges To use my catching skills to control a ball or object that comes my way</p> <p><u>Activity description:</u> Log onto Seesaw and complete the activity:</p>	<p><u>Music:</u></p> <p><u>Learning intention:</u> Move and respond to the sounds of the orchestra <u>Activity description:</u> Log onto Seesaw and complete the activity: <i>'Listening and moving activity'</i></p>	<p><u>Technology:</u></p> <p><u>Learning intention:</u> To understand how 'events' can begin sequences of code <u>Activity description:</u> To create a series of 'events' that will set into motion an algorithm (or code) that we have created.</p>	<p><u>Art</u></p> <p><u>Learning Intention:</u> We are learning how to draw a picture of our pet. <u>Activity description:</u> Log onto seesaw and complete the activity : <i>'The Perfect pet'</i></p>	

Throw and catch to self		Log into Seesaw and complete the activity ' DigiTech - Events '		
<p>It is ESSENTIAL to be active everyday so that you can be happy and healthy!! Here are some ideas that you can do...</p> <ul style="list-style-type: none"> ● Cosmic Kids Yoga session ● Les Mills for kids exercise session ● 'Just Dance' or 'Go Noodle' ● Go for a walk or a bike ride 				
<ul style="list-style-type: none"> ● Give your kids breaks throughout the day. <ul style="list-style-type: none"> ● Make sure to drink plenty of water. ● Provide opportunities to be active (a minimum of 30 minutes every day). ● Be kind to yourself and make sure you have some time every day to relax. 				

Please note: Teachers will plan for half a day during the week. Teachers will also be required to work from school some days of the week (teaching children of essential workers) - please note that on these days they may not be able to respond to emails until the following day.