

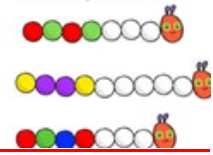
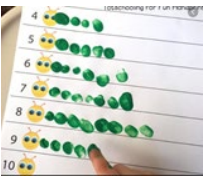
Foundation Week 5 Outline

This is an outline to help students stay updated with the curriculum to support their personal development. This is a guide for families to help provide a structure for home learning.

Remember you only need to upload one item from each curriculum area per week.

GOOGLE MEETS: This week please bring your favorite book to show and tell.

| Monday 11/5 | Tuesday 12/5 | Wednesday 13/5 | Thursday 14/5 | Friday 15/5 |
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| View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day. | View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day. | View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day. | View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day. | WELL BEING FRIDAY! Today is a day for some fun! Below are some suggestions that you might like to try. If you would like to continue working on learning tasks ... |
| <p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. <u>Please ask mum or dad to help you record yourself reading the PM book on Pm Online website.</u></p> | <p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. <u>Please ask mum or dad to help you record yourself reading the PM book on Pm Online website.</u></p> | <p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. <u>Please ask mum or dad to help you record yourself reading the PM book on Pm Online website.</u></p> | <p><u>Literacy Block</u></p> <p>Practise your Magic Words-writing/making</p> <p>PM BOOK: Use PM readers and the code that was sent to you. Please choose a book to read that was set for you by your teachers. <u>Please ask mum or dad to help you record yourself reading the PM book on Pm Online website.</u></p> | <p><u>Fun things you could do....</u></p> <p>Cooking Build a cubby inside or out! Play a board game Do a Art Hub drawing Watch something on ABC Kids on Iview (Educational Focus) https://iview.abc.net.au/category/abc4kids Create a Lego creation</p> |

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| <p><u>PM writing response</u></p> <p>Watch the video from Mrs Sanders</p> <p>Please write the title of the book that you have read. Copy a sentence from that story and draw an illustration to match what your sentence.</p> | <p><u>Sound waves activity</u></p> <p>Complete the soundwaves activity on Seesaw</p> <p>Week 5: Tuesday: Phonics: Soundwaves Unit (happy house, h,h,h) Handwriting Letter Hh focus: watch the Seesaw modeling of the letter Ee by Mrs Sanders</p> | <p><u>Book Experience The Beginning , Middle & end lesson</u></p> <p>Watch <i>'The Hungry Caterpillar'</i> video on Seesaw</p> <p>Watch the video from Mrs Marshall.</p> <p>Have a go at drawing and writing a sentence about what happened in the Beginning, Middle and End of the story.</p> | <p><u>Sound waves activity</u></p> <p>Complete the soundwaves activity on Seesaw</p> <p>Week 5: Thursday: Phonics: Soundwaves Unit (crazy kites,k,k,k Handwriting Letter Kk focus: watch the Seesaw modeling of the letter Kk by Mrs Sanders</p> | <p><i>If you want to keep learning today...</i></p> <ul style="list-style-type: none"> • 'more or less' card game • Race to ten on tens frame • Play the Final Countdown • Soundwaves games for this week's sounds. • Listen to a story |
| <p><u>Maths warm up Hungry Caterpillar story- Seesaw</u></p> <p><u>Maths - Patterns AB patterns ABB patterns</u></p> <p>Watch the video from Ms Gleeson on Seesaw.</p>  <p>Look at Seesaw for instructions and complete in your scrapbook.</p> | <p><u>Maths warm up Hungry Caterpillar story - Seesaw</u></p> <p><u>Days of the week sequencing</u></p> <p>Watch the video from Mr Butler on Seesaw.</p> <p>Complete in your scrapbook. Please upload a photo to show your teacher your work.</p> | <p><u>Maths warm up Hungry Caterpillar story - Seesaw</u></p> <p><u>Maths Addition Lesson</u></p> <p>Watch the video from Mrs Marshall on Seesaw.</p> <p>Using the pictures from the story create an addition story problem for the students to draw and solve.</p> | <p><u>Maths warm up Hungry Caterpillar story - Seesaw</u></p> <p><u>Matching number collections to numerals</u></p> <p>Watch the video from Ms Gleeson on Seesaw.</p>  <p>Complete in your scrapbook. Please upload a photo to show your teacher your work.</p> | |
| <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Yes You Can'</p> <p>Today we are going to learn how to make the 'I can't' thought go away by learning to tell ourselves, 'Oh</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Why Are Some People Mean.'</p> <p>Today we are going to learn about the 'mean bug' and how to stop it.</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Thought Bubbles.'</p> <p>Today we are going to learn about our thoughts. A good way to think about thoughts is to think of them</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'The Listening Game.'</p> <p>Today we are going to learn about listening. How good do you think you are at listening? Keep your</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'The Owl and the Guard Dog.'</p> <p>Today we are going to learn about how our brain works. Sometimes it</p> |

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| <p>yes I can!' Learn how to spot the 'I can't' monster and to squash it and to turn your 'I can't thought into an 'I will keep trying until I can,' thought. That is called 'positive thinking.'</p> | <p>We are going to learn how to stop and to think, 'I wonder why that mean person is so unhappy.'</p> | <p>as bubbles. Some of them are ideas, some of them are memories and some of them are pictures, songs or opinions. Some thoughts make us happy. Some make us worry or make us laugh. Remember, we can use our breathing to help us to calm our busy thoughts and pick the thoughts that are the most helpful to us.</p> | <p>hands resting on your knees, make your back long and strong and then play the listening game. Next time you are trying to learn something from your teacher or trying to listen carefully to someone to see if you can activate your spider senses and do some really great listening.</p> | <p>works like a guard dog (your amygdala) to protect us. It can make you freeze so that you can't even think straight. We will learn how to use the magic 10 to calm down our jumpy guard dog brain and to make space for your wise owl brain to help you think clearly.</p> |
| <p style="text-align: center;"><u>HPE</u></p> <p><u>Learning intention:</u> To use my throwing skills to complete different throwing challenges</p> <p><u>Activity description:</u> Log onto Seesaw and complete the activity:</p> <p style="text-align: center;"><u>Throwing yarn' balls</u></p> | <p style="text-align: center;"><u>Music:</u></p> <p><u>Learning intention:</u> Move and respond to the sounds of the orchestra</p> <p><u>Activity description:</u> Log onto Seesaw and complete the activity: Listening and moving activity</p> | <p style="text-align: center;"><u>Technology:</u></p> <p><u>Learning intention:</u> To locate and correct 'bugs' in sequenced computer algorithms</p> <p><u>Activity description:</u> Try to discover the problem in the computer sequence and correct it.</p> <p>Log into Seesaw and complete the activity 'DigiTech - Debugging Algorithms'</p> | <p style="text-align: center;"><u>Art</u></p> <p><u>Learning Intention:</u> How to draw an ant.</p> <p><u>Activity description:</u> Log onto seesaw and complete the activity: "How to draw an ant."</p> | |
| <p>It is ESSENTIAL to be active everyday so that you can be happy and healthy!! Here are some ideas that you can do...</p> <ul style="list-style-type: none"> ● Cosmic Kids Yoga session ● Les Mills for kids exercise session ● 'Just Dance' or 'Go Noodle' ● Go for a walk or a bike ride | | | | |

- Give your kids breaks throughout the day.
 - Make sure to drink plenty of water.
- Provide opportunities to be active (a minimum of 30 minutes every day).
- Be kind to yourself and make sure you have some time every day to relax.

Please note: Teachers will plan for half a day during the week. Teachers will also be required to work from school some days of the week (teaching children of essential workers) - please note that on these days they may not be able to respond to emails until the following day.