

Does your child seem anxious at times?

Does your child have difficulty getting to sleep?



TEACHING YOUNG AUSTRALIANS TO BE
mentally healthy

Why does your child react angrily?

PARENT INFORMATION NIGHT

Come along to our parent information night to learn more about methods to support mental health and wellbeing

Does your child sometimes have trouble coming to school?

WHEN: Wednesday 6th February

TIME: 7:00pm – 8:30pm

WHERE: Overport P.S Hall

Does your child take a long time to 'get over' things?

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How do I talk to my pre-teen?