

NAB AFL Auskick is a great way for boys and girls to learn the skills of Australian Football. Through weekly coaching sessions at Frankston Dolphins JFC with our passionate coaches and coordinators, your child will learn the skills of the game, be part of a great team and play non-contact AFL games with their friends.

Auskick sessions run Friday nights at Overport Park from 5:30 pm - 6:30 pm.

Register now at aflauskick.com.au \& select Frankston Dolphins JFC

## Canteen News

## A New Price list for term 1

Please use new menu, some price changes across the menu due to supplier increases. Extra copies available from the office, canteen or the school web page Orders will be adjusted if incorrect money is sent.

## New menu items

Cheesey Mac \$3.00
Noodle Salad \$3.50
Fruit Roll up \$1.50

Following items available as Counter Sales
Mini Wheats 5c

Cheerios 5c
Wafers 30c

Home made

| Oat honey balls | $\mathbf{5 0 c}$ |
| :--- | ---: |
| Cookies | $\$ 1.00$ |

Cup Cakes/ muffins $\quad \$ 1.00$


