



August 20th, 2020

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OVERPORT NEWS

From the Principal's Desk.

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*Thought of
the week:*

*Today marks the start
of a brave new future
filled with all that your
dreams can hold.*

*Suzanne Maher
Buddhist quote.*

Webinars for parents and carers to build family resilience.

Child psychologist Dr Michael Carr-Gregg teaches strategies for managing wellbeing in a free webinar which will be on 25 August, 2020. To help parents and carers build family resilience in these difficult times, the Department is presenting a free webinar by renowned child psychologist Dr Michael Carr-Gregg. This webinar will give families some practical skills, knowledge and strategies for managing the lockdown period and remote learning. This webinar will take place online. Please note that this event will be delivered live only; it won't be recorded. You will be sent a link on the day of the event to watch it, via the email address you supply when you register. Please log onto the link below to register your interests. Date and time: Tue, 25 August 2020, 7:30 PM – 8:30 PM AEST [Add to Calendar](#)

<https://edugate.eduweb.vic.gov.au/sites/i/Pages/school.aspx#/app/news/detail/4136/>

Let's Chat—Children's Oral Language!

Strong oral language is a precursor to learning to read. Let's Chat is a program designed to help parents develop their child's early literacy skills. This program is run by Schools, Kindergartens & Day Care Centres in collaboration with DET in the Northern Peninsula area of Melbourne. Overport is part of this network. Early literacy is the skills your child needs to learn before they start to read and write. You can help your child develop these skills at home! The Let's Chat program can help you develop your child's **conversation**, **vocabulary**, **comprehension**, **print knowledge** and **sound awareness**. Follow the FB link for all the information and advice you will need. There are lots of great tips and advice on how you can use books to develop strong oral language skills. Further information can be found at: <https://www.facebook.com/letschatparents/>

Enrolment for 2021 Preps.

If you have a sibling who is attending school in 2021, please see our website: <http://www.overport-ps.vic.edu.au/enrolment-forms.html> for an enrolment application and transition details. Please forward your enrolment form to the school email address: overport.ps@education.vic.gov.au as soon as possible or drop at the school office. If you are aware of anyone who has a child that is within our zone and is starting prep in 2021, please direct them to the website to see our virtual tour and enrolment details.

Kind Regards,

*Julie Gleeson,
Principal.*



...continued overleaf



To all students who have been celebrating their birthday in isolation.

Arabella PA, Adrian 4D, Elise 6D, Noah PA, Isabel PC, Emora 1A, Millie 2A, Neha 3/4A, Isla 5B, Emma PA, Katerina PC, Hudson 2C, Grace 1A, Vivienne 1C, Neveh 4D, Kobe 2B, Jess 4B, Conor 4D, Louis 5E, Ryliegh 6D, Zoe PD, Anna 1A, Nash 2D, Ryan 3B, Millar 2E, Ella PA, Ari 1C, Luke 4B, Oscar 5E, Cooper 5/6A, Sophie PC, Sophia 5/6A, Ryder 3E, Yusuf 6C, Chelea 6E, Aiden 2D, Mathew 3B, Coco 4C, Eliza 5D, Amy 6C, Heath 1A, Mia 6D, Ivy 6E, Wynter 4D, Harry PA, Riley PD, Zahli 1C, Angus 2A, Sam 2D, Hayley 2D, Yana 3/4A, Riley 6E, Jules 1D, Sienna 2C, Cailey 2D, Aidan 4C, Cruz 4B, Eli PC, Amber 5/6A, Lincoln 5D, Winter 6D, Presiyaz 4D, Mollie 2B, Chloe 2C, Holly 3C, Harry 3E, Raegan 1C, Rina 6E, Dorothy 2B, Noah 2B, Anora 4D, Alen 6C, Otis 3C, Zack 6C, Joshua 3C, Yasmina 3D, Emma 2C, Bailey 5C,



Webinars for parents and carers to help build family resilience

Child psychologist Dr Michael Carr-Gregg teaches strategies for managing wellbeing in this free webinar on 25 August

On Tuesday 25 August, the Department of Education and Training is presenting a free webinar for parents and carers by renowned child psychologist Dr Michael Carr-Gregg, on building family resilience during coronavirus (COVID-19).

Parents and carers play a vital role in helping children feel safe through uncertain times.

Dr Carr-Gregg's webinar is aptly named Managing the Coronacoaster – Tips for building resilient families in the coronavirus era.

In this webinar, Dr Carr-Gregg provides tools and strategies for parents and carers to help manage the lockdown and remote learning. Topics include:

- your supportive role
- setting the emotional tone
- focusing on what you can control
- how to deal with disappointment

further resources and where to get help.

Dr Carr-Gregg's presentation will run for 45 minutes. This will be followed by a 15-minute question-and-answer session in which parents and carers can ask Dr Carr-Gregg questions.

Webinar details

- **When:** Tuesday 25 August
 - **Time:** 7:30pm
 - **Duration:** 45-minute presentation followed by 15-minute questions and answers session
 - **Format:** online via Webex
- Cost:** free

How to register

To register and for more information visit the [Managing the Coronacoaster – Tips for building resilient families in the coronavirus era](https://www.eventbrite.com.au/e/managing-the-coronacoaster-tips-for-building-resilient-families-in-the-coronavirus-era) eventbrite page.

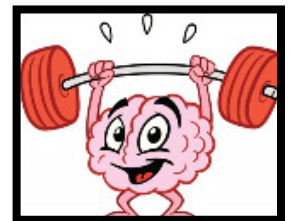
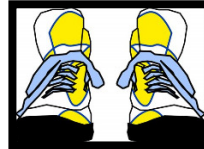
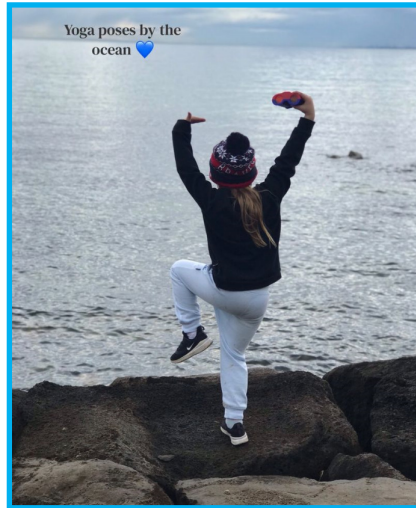
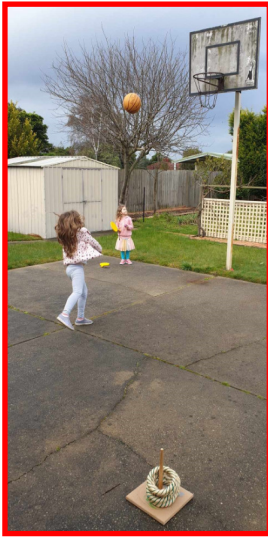
<https://www.eventbrite.com.au/e/managing-the-coronacoaster-tips-for-building-resilient-families-in-the-coronavirus-era>

Find out more

For more information about the webinars, schools can contact Jeremy Cussen, via:

email: Jeremy.Cussen@education.vic.gov.au
phone: 03 7022 1871

Fitness Frenzy Friday



stretch



fitness friday

