



**Bullying.**  
*No Way!*



Take a stand together.



On Friday 15<sup>th</sup> of March it was the National Stand against bullying day. The student health ambassadors held a design a poster contest. We had over 200 fantastic entries with multiple skills on show, it was very hard to select our winners but after a tough few days we are proud to announce the winners of our Bullying, No Way! competition. These posters will be displayed around the school and they will be showcased at assembly when the winners receive their prize. Thank you to all the participants.

Jhett & Charlie, Student Health Ambassadors

**BULLYING NO WAY!**

**bul-ly-ing**  
a person who tries to hurt or frighten people who are weaker

**WAYS TO GET HELP**

- Adult
- Community
- Family
- Friends
- Help Center
- Call 000 for help

**RESULTS OF BULLYING**

- Upset
- Hurt
- Drop school
- Suicidal
- Sad
- Scared
- Hopeless
- Depressed
- Stress
- Crying

**TYPES OF BULLYING**

- Hitting
- Threatening
- Intimidating
- Name-calling
- Posting sexual remarks

**PREVENT BULLYING**

- Stay away from big kids
- Keep your secrets
- No putting down
- Bullying lesson
- No fighting
- Good manners
- Less time on social media

**SOURCES**

- www.ndprinc.com
- www.keepschools.com
- www.bullypolice.com
- http://www.csb.edu

Teens who spend more than three hours per school day on online social networks are 110% more likely to be cyberbullied.

And the winners are.....

Lucas	1A	Ellie S	3C
Ashley	1B	Audrey P	3D
Audrey	1C	Amelia	4A
Tahlia	1C	Kira O	4B
Georgia	1D	Finnlay	4D
Ollie	1E	Lena B	5/6A
Mia	2A	Mia M	5A
Gracie	2B	Catherin B	5B
Frankie	2C	Winter	5C
Yasmin	2D	Audrey B	5D
Indigo	2E	Harriet	6B
Mia H	2F	Tania	6C
Ashron G	3/4A	Leila, Sandra and Tamara	6D
Rose	3/4A	Sarah	PA
Willow R	3B	Tess	PB
Dakota P	3C	Cooper	4C

