

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

Lunch orders are available Wednesday, Thursday & Fridays

### ORDERING A LUNCH

When sending a lunch order with your child,  
Please write the following clearly in the centre  
of a bag

Name, Grade

Food order

Amount of money enclosed

Please supply two bags, one for hot food,  
one for drinks & snacks.

The canteen will supply bags at a charge of 5c per bag.

\*Pastry products are 40% low fat heart foundation approved.

\*All chicken products are chicken breast meat.

\*Cheese is low fat Tasty.

\*White bread is used unless wholemeal is requested.

### FOOD ALLERGIES

Warning Many commercial snack products may not contain peanuts but they are produced on machinery that has processed nuts at some point. Please make sure your child is aware of the items they can safely eat.

### ☺ HAPPY SMILE SYSTEM ☺

All the foods on this canteen menu are ranked with a number of Smiley Faces according to nutrition. This is to allow you & your child to make informed choices about your daily food intake.

☺ = Enjoy these foods as an occasional treat

☺☺ = These foods are a *better* choice

☺☺☺ = These foods are the *best* choice

## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental Party pie \$1.35 each
<b>Build a burger \$3.80</b>
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80
<b>Sauce with all hot food 20c</b>

## DRINKS ☺ ☺ ☺

Spring Water \$1.00
Up N Go \$2.30
Banana
Big M \$2.35
Strawberry, Chocolate
Just Juice \$1.60
Apple, Tropical, Apple/blackcurrant

## 

Mineral Water \$2.20

Cola, Orange, Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**       **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**           **\$2.20**

**½ Go gurt**      **50c**  
**Icy pole**          **\$1.00**  
**Paddle pop**       **\$1.50**  
**Yoghurt**           **\$2.00**

**Spring Water**    **\$1.00**  
**Just Juice**       **\$1.60**  
**Up N Go**           **\$2.30**  
**Big M**             **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**        **\$2.00**

**\*Gluten free**

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## SANDWICHES ☺ ☺

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Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental Party pie \$1.35 each
<b>Build a burger \$3.80</b>
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80
<b>Sauce with all hot food 20c</b>

## DRINKS ☺ ☺ ☺

Spring Water \$1.00
Up N Go \$2.30
Banana
Big M \$2.35
Strawberry, Chocolate
Just Juice \$1.60
Apple, Tropical, Apple/blackcurrant

## 

Mineral Water \$2.20

Cola, Orange, Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

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## SANDWICHES ☺ ☺

### And JAFFLES

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Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**       **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**           **\$2.20**

**½ Go gurt**      **50c**  
**Icy pole**          **\$1.00**  
**Paddle pop**       **\$1.50**  
**Yoghurt**           **\$2.00**

**Spring Water**    **\$1.00**  
**Just Juice**       **\$1.60**  
**Up N Go**           **\$2.30**  
**Big M**             **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**        **\$2.00**

**\*Gluten free**

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

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## SANDWICHES ☺ ☺

### And JAFFLES

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Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  

# Popcorn \$1.60

Plain, cheese

 

Grain Waves 1.50  
Sour cream

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

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### And JAFFLES

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Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

Lunch orders are available Wednesday, Thursday & Fridays

### ORDERING A LUNCH

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Food order

Amount of money enclosed

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\*All chicken products are chicken breast meat.

\*Cheese is low fat Tasty.

\*White bread is used unless wholemeal is requested.

### FOOD ALLERGIES

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### ☺ HAPPY SMILE SYSTEM ☺

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☺ = Enjoy these foods as an occasional treat

☺☺ = These foods are a *better* choice

☺☺☺ = These foods are the *best* choice

## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

DRINKS ☺ ☺ ☺
Spring Water \$1.00
Up N Go \$2.30
Banana
Big M \$2.35
Strawberry, Chocolate
Just Juice \$1.60
Apple, Tropical, Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

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### FOOD ALLERGIES

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☺☺☺ = These foods are the *best* choice

## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

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### FOOD ALLERGIES

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### ☺ HAPPY SMILE SYSTEM ☺

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

Lunch orders are available Wednesday, Thursday & Fridays

### ORDERING A LUNCH

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Please write the following clearly in the centre  
of a bag

Name, Grade

Food order

Amount of money enclosed

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one for drinks & snacks.

The canteen will supply bags at a charge of 5c per bag.

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\*All chicken products are chicken breast meat.

\*Cheese is low fat Tasty.

\*White bread is used unless wholemeal is requested.

### FOOD ALLERGIES

Warning Many commercial snack products may not contain peanuts but they are produced on machinery that has processed nuts at some point. Please make sure your child is aware of the items they can safely eat.

### ☺ HAPPY SMILE SYSTEM ☺

All the foods on this canteen menu are ranked with a number of Smiley Faces according to nutrition. This is to allow you & your child to make informed choices about your daily food intake.

☺ = Enjoy these foods as an occasional treat

☺☺ = These foods are a *better* choice

☺☺☺ = These foods are the *best* choice

## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

Lunch orders are available Wednesday, Thursday & Fridays

### ORDERING A LUNCH

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### FOOD ALLERGIES

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### ☺ HAPPY SMILE SYSTEM ☺

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**       **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**           **\$2.20**

**½ Go gurt**      **50c**  
**Icy pole**          **\$1.00**  
**Paddle pop**       **\$1.50**  
**Yoghurt**           **\$2.00**

**Spring Water**    **\$1.00**  
**Just Juice**       **\$1.60**  
**Up N Go**           **\$2.30**  
**Big M**             **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**        **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

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### FOOD ALLERGIES

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### ☺ HAPPY SMILE SYSTEM ☺

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

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### FOOD ALLERGIES

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS

  
# Popcorn
Plain, cheese
 
Grain Waves
Sour cream

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**

# OVERPORT PRIMARY SCHOOL

## CANTEEN PRICE LIST 2014

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## SANDWICHES ☺ ☺

### And JAFFLES

<u>Rolls add an extra 20c</u>
Vegemite \$1.30
Honey \$1.30
Ham \$2.50
Ham & Tomato \$3.30
Ham & Cheese \$3.50
Cheese \$2.20
Cheese & Tomato \$3.10
Salad \$2.70
[Lettuce, carrot, tomato]
Chicken with Lettuce \$3.80
& mayo
Tuna & Lettuce \$3.00
<u>Extra salad add 20c per salad item</u>

## JAFFLES ☺ ☺ ☺

[Any of the above fillings] +
Baked Beans \$2.00
Beans & Cheese \$2.50
Spaghetti \$2.00
Spaghetti & Cheese \$2.50

## MUNCH LUNCH ☺ ☺ ☺

\$3.80
Select one of each

Jaffle	Dessert	Drink
Cheese	seasonal fruit	spring water
Baked bean	or icy tube	water or apple juice
Spaghetti		

## HOT FOOD ☺ ☺ ☺

Meat ball Wrap \$4.50
[Cheese lettuce salsa]
Chicken Wrap \$3.80
[Lettuce & Sweet chilli sauce]
Hawaiian Wrap \$4.00
[Ham Cheese Pineapple Lettuce]
Mexican Wrap \$4.50
[Chicken cheese salsa lettuce]
Lasagne \$4.50
Corn Cob \$1.00

Baked Potato \$3.00
+ butter or mayo
Add toppings
Cheese \$1.00
Beans/Spaghetti 50c
Salad \$1.00
[Lettuce, carrot, tomato]

## HOT FOOD ☺ ☺

Chicken Dip in Stix \$4.50
Pizza \$3.00
Noodles \$2.50
Chicken, oriental
Party pie \$1.35 each

Build a burger \$3.80
Chicken breast burger
Add Cheese 50c
Add Salad 20c each
Lettuce, tomato, carrot, Beetroot
Mayo/ tomato sauce 20c
Sweet chilli 20c

## 

Mineral Water \$2.20

Cola, Orange,  
Creamy Soda

## DESSERTS ☺ ☺

Frozen Yoghurt \$2.00

## SNACKS



# Popcorn \$1.60

Plain, cheese



Grain Waves 1.50  
Sour cream

## HOT FOOD ☺

Hot Dog \$3.30
With cheese \$3.80

## Sauce with all hot food 20c

## DRINKS ☺ ☺ ☺

Spring Water \$1.00

Up N Go \$2.30  
Banana

Big M \$2.35  
Strawberry, Chocolate

Just Juice \$1.60  
Apple, Tropical,  
Apple/blackcurrant

JJ's \$1.50

Chicken, bbq, pizza

Red Rock Chips \$1.50  
Chicken honey soy

Noodle Snacks \$1.00  
Chicken, bbq

# Delites rice chips \$1.00  
Bbq, sour cream

Gingerbread \$1.80

Choc chip muffin \$2.20

# Gluten free

## Counter Sales

**Shapes**           **5c**  
**Mini Wheats**   **5c**

**Noodles**       **\$1.00**  
**\*Delites**       **\$1.00**  
**JJ's**           **\$1.50**  
**Deli Chips**   **\$1.50**  
**Grain waves**   **\$1.50**  
**\*Popcorn**      **\$1.60**

**Gingerbread**   **\$1.80**  
**Muffin**          **\$2.20**

**½ Go gurt**     **50c**  
**Icy pole**       **\$1.00**  
**Paddle pop**    **\$1.50**  
**Yoghurt**        **\$2.00**

**Spring Water**   **\$1.00**  
**Just Juice**      **\$1.60**  
**Up N Go**        **\$2.30**  
**Big M**           **\$2.35**  
**Mineral Water**   **\$2.20**

**Hot Milo**       **\$2.00**

**\*Gluten free**