



# OVERPORT NEWS

*From the Principal's Desk.*

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## Dates to remember:

**Mon 25/2-**  
**Fri 1/3** Yr 5 & 6 Swimming  
**Wed 27/2** Prep helpers course

**Wed 27/2-** Life Education  
**Fri 15/3**

**Thur 28/2** Prep parent info  
Session

**Assembly—juniors 4th  
March**

## Curriculum Day

### Cancelled

Please note the curriculum  
day scheduled for next  
Monday  
25th February has  
been **cancelled**

*Thought of the week:*

***There are short  
cuts to happiness  
and dancing is one  
of them!***

***Vicki Baum***

## *School Council Elections*

School Councils comprise of parents, the principal, staff and at times, community members. Each school council member is also a member of one of its sub-committees and represents the views of the school community. Being on School Council is a wonderful way to contribute to the governance of the school as well as learn about the process and developments that impact on your child and all the students. Information for prospective members can be found at [www.education.vic.gov.au](http://www.education.vic.gov.au) Our sub-committees of Education, Building and Grounds and Special Events are open to all interested parents and you do not need to be voted onto these sub-committees. We enthusiastically welcome your input. School Council elections are held in February and March each year. **All** parents or guardians of students enrolled at the school are eligible to nominate for positions and to vote in the related elections for parent members. A timeline for 2019 School Council Elections accompanies this week's newsletter. School Council election nominations open next week on Monday 25<sup>th</sup> February and close at 4.00 pm on Wednesday 6th March. There are four 2 year positions and 1 one year position for parents this year. I encourage parents to consider nominating for Council. Both Self – nomination forms and Nomination for others can be collected at the school office or you can phone for one to be sent home. If you are interested in nominating yourself or another for School Council please contact me.

## *Our School Community Code of Conduct*

Our Community code of Conduct policy and expectations is attached to this newsletter. All members of the community are expected to follow this policy with interactions with staff as well as our whole community. We sincerely want to work in partnership with you for the benefit of your child. If your child comes home with concerns, please contact us so we can investigate and address accordingly. As we are all expected to follow this code of conduct, we trust that concerns will be brought to staffs' attention in respectful manner whether this is in person., via email or telephone. We have also attached the policy :Raising Concerns to assist you. Thank you for your support.

## *Free Oral Language Program for Pre-schoolers begins next week!*

Our Pre-schoolers Oral Language Program commences next Tuesday, 26th February for three weeks. We invite you to bring your kinder-aged child to this **free** program and receive a free book and afternoon tea as well as skills and knowledge to help your child. The program assists parents to develop their child's oral language before starting school to help them "hit the ground running" in literacy. For details please see flyer attached. Contact the school to book in.



Michael PA, Amaya 5/6A, Zoe PD, Brett 1C, Ethan 2C, Destiny 2F, Alaya 1A, Koda 2F, Angus 6B, Logan 6C, Ming PB, Lilli PC, Noah 3D, Poppy 4D, Matthew 5A, Aleshia 6C, Isaac PA, Harry PB, William 2A, Frankie 2C, Punnoose 5B, Leila 2D, Madeline 3B, Sydney 3B, Rose 3/4A & Michael 6D

Friday 26th April  
Is a Student Free Day

Extend OSHC at  
Overport Primary  
School



For Bookings

Phone 1300 366 437

Parent Portal

[extend.com.au](http://extend.com.au)

## Principals Report (Cont.)

### *Billy Tea Bush band*

Last Friday night our community came together for our first community night along with the 'Billy Tea Bush Band'. The band had worked with the children throughout the day teaching them the various dances through cross-aged activities. It was lovely to see our older children dancing with the younger ones. The night went extremely well with many attending. Thank you to the teachers that manned the sausage sizzle. Funds raised were for the RACV challenge which will be held later this year and they raised approximately \$1000.00. We trust that everyone had a great night; it certainly was lots of fun.



### *Baby Change Facilities Available.*

Please be aware that we have added a baby change area in the disabled toilet in the hall for your convenience. Please ensure you keep this room clean and tidy. Until we have a nappy bin, please remove your soiled items. Thank you.

### *Student Free Day—26th April.*

School Council has approved our next Student Free Curriculum Day for 26th April following Anzac Day on 25th. This allows our families four day break and for teachers to have professional development here at school on the Friday. Extend will care on that day, please make a booking if this is required.

*Kind Regards,*

*Julie Gleeson Principal.*

## *Behaviours of Joyful People.*

According to Amanda Gore, developer of the “*Wired For Joy*” program, there are 12 habits that remarkably joyful people exhibit. I think these are particularly relevant for everyone in today’s world, especially parents, who are a model for their children and play the most vital role in their personal development. *How many of these behaviours are evident in your day to day interactions?*

- o They are grateful for everything.
- o They are full of hope and optimism.
- o They have compassion and choose to be kind.
- o They are reverent and honour others.
- o They forgive themselves and others.
- o They are generous with their spirit and can receive graciously.
- o They laugh lots – especially at themselves.
- o They listen for the feelings behind the words.
- o They feel good about themselves and can give and receive love.
- o They choose to be cheerfully enthusiastic, no matter what.
- o They are full of energy and vitality.

And most importantly – they feel deep inner peace inside.





As a naturopath and a mum, I know all too well the barriers to health that crop up for us and our children.

Whether it is physical, mental, emotional or environmental health seeing a naturopath will start giving you the support to empower yourself and your family for healthy change.

Naturopathy is a holistic approach to health that uses; dietary analysis, herbal medicine, nutritional medicine & lifestyle treatment protocols.

If you have any questions about Naturopathy please call me on 0408 000 286 and I would love to chat with you. Or if you wish to book an appointment visit [www.allpsychedup.com.au/services](http://www.allpsychedup.com.au/services)

All Psyched Up also offers Psychology and Counselling Services

Sharon Abel BHSc (Nat), AdvDipSocSc (Just)



**DON'T FORGET  
YOUR HAT**



**TEACHING YOUNG AUSTRALIANS TO BE**  
*mentally healthy*

### Office News

If you have a **current health care card**, please make sure you fill in a **CSEF** application form to receive the CSEF payment for your child.

If you are a **current** recipient of CSEF and have a student in prep this year, please make sure they have been added to your CSEF application for 2019. Forms are available at the office.



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Develop the confidence of a winning smile

Crooked teeth? Get advice from a specialist orthodontist today. No referral needed. **Free initial visit.**



### TERM 1 ASSEMBLIES

Monday 11 <sup>th</sup> February	Prep – 2
Monday 18 <sup>th</sup> February	Years 3 – 6
Monday 4 <sup>th</sup> March	Prep – 2
Monday 18 <sup>th</sup> March	Years 3 – 6
Monday 25 <sup>th</sup> March	Prep – 2
Monday 1 <sup>st</sup> April	Years 3 – 6