



OVERPORT NEWS

From the Principal's Desk.

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www.overport-ps.vic.edu.au

Dates to remember: February

Mon 11/2 Preps full days start
Yr 3-6 House Swimming

Fri 15/2 Billy Tea Bushband

**Mon 18/2-
Fri 22/2** Yr2 & 3 Swimming
lessons

Thur 21/2 District Swimming
Yr 4/5/6

**Mon 25/2-
Fri 1/3** Yr 5 & 6 Swimming

Wed 27/2 Prep helpers course

Thur 28/2 Prep parent info
session

Curriculum Day

Cancelled

Please note the curriculum
day scheduled for
25th February has
been cancelled

Thought of the week:

**A day
without
laughter is a day
wasted!
Anon.**

Welcome to 2019!

Welcome to the New Year to all our students and families. I sincerely hope that you all had a wonderful holiday and have returned ready for another great year at Overport. I would especially like to warmly welcome our new students and their families and invite them to take every opportunity to be part of our wonderful family centred community.

We now have 720 students at Overport PS.

We have had an excellent start to the year and it is obvious that the children have missed their friends and are glad to be back at school. Our new Preps are behaving like they have always been here – very settled and happy in the Summit Learning Centre. Shortly our year five students will begin developing their relationship with the new prep buddies...they can't wait!

A few reminders as the year begins.

There are a number of important things that I wish to bring to your attention.

1. Assemblies: These will be held each **Monday** morning in the school hall. However, as our school has grown so much, we will alternate between a "Prep to 2" and a "3 to 6" assembly each fortnight. Next Monday, 11th February, will be our first assembly for students in years 1 and 2 and the preps will join them a little later in the term. The following week, 18th February, will be the 3 to 6 assembly. Parents are encouraged to attend; so, we warmly invite you to join us at these times. Please check the newsletter dates each fortnight to see which area is in the hall

2. Communication with Staff: Teachers can be contacted via the school email address, which is: overport.ps@edumail.vic.gov.au Please mark attention to the teacher who will then email you a reply giving you their correct email address.

3. Attendance: *It's Not Okay to be Away! Every Day counts!* It is a requirement that all children attend school. Regular attendance is essential to allow them to reach their full potential.

4. We have a school bag bell at 8.55 am for children to come inside and hang up their bag. The teaching day commences at 9.00 am. It is **critical** for children to **arrive on time** ready to start the day. This ensures their learning and does not disrupt others.

5. As the department of education and early child development does not offer individual cover for student's personal injury, I recommend parents consider insurance. JUA underwriting agency offer a "Student Health" - Personal Injury and Accident Protection insurance - www.studenthealth.com.au

6. School uniform is **compulsory**. A copy of the uniform policy is attached to this newsletter. Please note extreme hairstyles such as Mohawks, tails, extreme colours are not permitted. Only small ear studs are permitted earrings. Only medical or religious jewellery is permitted and should be worn under uniform for safety reasons. Hats must be worn until the end of April and must be either a broad-brimmed hat or legionnaires. A plain navy blue one with out Logo is also acceptable. **Please note that PSW had moved to Mornington at 1/22 Watt Road. Telephone; 97680346**

Principals Report (Cont.)

5. Children riding to school on bikes or scooters must wear a helmet and must be in grade 4 or above unless accompanied by an adult. Bikes can be stored behind the black gates at the Bayview Learning Centre or in the new area in front of the TLC. This area is out of bounds but we recommend a bike lock.

6. Please discourage children from bringing precious items to school. All personal items of students, including bikes, mobile phones, special toys, etc, if brought to school, are done so at student's own risk. Mobile phones must be logged with the class teacher and collected at the end of the day.

7. All forms for excursions, incursions, etc must go through the classroom and not be delivered to the office first.

8. Please do not park in the Frankston High School staff carpark or park in the 'Kiss and Go area opposite the school. The fines for this area are very heavy and the council regularly patrols there. If you have parking concerns, please contact the Frankston Council on 1300 322 322. As parking is at a premium, especially at the end of the day, if you are close enough, we strongly encourage you to walk.

8. Canteen: We have commenced the year investigating a variety of options for student lunches. Mrs Champion is continuing to offer window sales at recess and a milk and cookie *Morning Munchie* meal deal on the 18th and 19th. As soon as we have worked through this with School Council, we will advise you. In the meantime, should your child happen to forget their lunch and you are unable to bring it up or for any urgent reason, a sandwich, fruit and muesli bar will be available for those emergencies for \$3.00.

Literacy Enrichment Assistance program—LEAP!

This year our LEAP program will continue to develop and strengthen identified students' understandings and knowledge of phonics and cater to a variety of learning needs. LEAP will continue to use the Read Write Inc program which is a part-to-whole approach that teaches students to convert sounds into letters. LEAP will focus on providing explicit, phonic instruction linked with varying strategies such as meaningful and authentic experiences, language skills, explicit spelling and handwriting, and resources connected to classrooms.

Coding Club.

Over the holidays a number of our students took the opportunity to come to Coding Club with Mr Rodwell and the Code Club team. It was great success and we intend to offer this again next term break. Watch for more information later in the term.

Our Indigenous Garden Plans.

While our intention was to have our garden developed over the holiday, we are still working through this as we seek further quotes. So, keep watching here for more news!

Kind Regards,

Julie Gleeson Principal.



Joey 2A, Zara 3D, James 1E, Alisa 5D, Evie 2B, Alex 4D, Will 4C, Ashley 1B, Trey 3D, Zac 2E, Joshua 6B, Tala 3D, Rupert 4A, Matilda 5/6A, Platon 1E, Saxon 2B, Taiden 5A, Jesse 5C, Wolfgang 1C, Isabella 6D, Sai 1D, Valentina 1D, Max 4C, La'Sharnti Rae PA, Oscar 2E, Owen 2E, Emily 3/4A, Mazie 5B, Violet 2E, Flo 2E & Mary 4A

Assistant Principals Report



Wow, what a night! Thank you to everyone who attended our Resilience Project parent information session last night with Martin Heppell. I'm sure you will all agree that it was a worthwhile experience and I hope you all walked away with some great ideas on how to support yourself and your children's mental health.

Martin was an absolutely outstanding speaker; with the perfect mix of energy and humour together with a serious undertone, he had the audience completely captivated. He spoke of the increase of worry and anxiety in our children. He expressed his concerns that children growing up in our modern world are exposed to so much more technology and he explained the negative ramifications that come from too much time on electronic devices and social media. He spoke about the importance of letting our children fail and teaching them

the skills to learn and bounce back from failure. Most importantly he spoke about how we can all become more happy in the world. For this we need 3 things:

1. **Gratitude:** Be grateful for everything we have and stop thinking about what we need to have/achieve to make us happy. Just be happy now. Speak with your children every day about things they are grateful for.
2. **Empathy/Kindness:** Being kind and doing things for others releases oxytocin and improves our mood and happiness. Model kindness to your children; show them how to open doors for the mum with the double pram, show them how to help the elderly person cross the road safely.
3. **Mindfulness:** Take the time to become more present in your life and learn how to relax. Find an activity that your child likes e.g. colouring or meditation, and encourage your child how to use them to become mindful and calm.

Here some of the main points that were raised:

- 1 in 4 children lose sleep through worry and 1 in 7 primary school aged students suffer from a mental illness.
- 65% of people suffering from mental health issues do not seek help as they feel it is not "normal".
- We need to ensure we encourage our children to speak up if they are struggling and that we will provide them with support.
- Seeking professional help is normal and ok.
- We need to let our children fail. We all need to experience failure to build resilience and achieve success in the long run. Reflect and learn.
- Children are becoming more and more distracted by technology and are missing out on watching adults model empathy and kindness in the world around them.
- People around the world who have less are often more happy because they are grateful for what they have.

As a school, we want all parents to know that we all want the best for your child. Let's work together to make sure that happens. There will be times when we make mistakes but at the end of the day we all have the same end goal: for your children to be happy.

Have a happy weekend!

Jill Wathen and Ricky Joyce
Assistant Principals



Music Lessons

Dear Parents,

We are again offering private instrumental lessons at Overport Primary School in 2019. The lessons will be run by Guitar Village who cover guitar, bass and keyboard lessons and by Mr Adrian Ferry, who completes drums, flute, saxophone, clarinet and trumpet lessons.

If you would like to book in for guitar, bass or keyboard lessons please contact Bob or Emily at **Guitar Village** on **9781 3160** or email them at info@guitarvillage.com.au. These lessons run for 30 minutes and are \$18 for a twin lesson or \$28 for a private lesson.

If you would like to book in with **Adrian Ferry**, the costs of the lessons are \$16 for a private lesson with each lesson running for 25 minutes.

Please email freeman.david.j@edumail.vic.gov.au to book your child into these lessons. Please include your child's name and grade in the email.

All payments need to be made in full before the commencement of lessons.

Kind Regards,

David Freeman

CANTEEN NEWS

IMPORTANT INFORMATION

We are making some changes the canteen operations times

Please note we will be open for

MORNING COUNTER SALES ONLY

No lunch orders are currently available
We will keep you informed as to when this service resumes

Children wishing to purchase snacks for lunch time will need to buy them at morning recess.

We will continue to hold one Morning Munchies each term.

Next morning Munchie is February 18th /19th order forms have been sent home.

Order forms must be back by Monday 11th February

Book Club LOOP
The EASIEST way for parents to order and pay for Book Club!

Parents: Are you registered for LOOP?
LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!

BONUS!

Head to scholastic.com.au/LOOP and register today!

Important Information

ONLINE ORDERS ONLY

NO CASH ORDERS

(Cash orders will be returned to students and not processed)

Book Club Due Date : 18 February 2019

Office News

If you have a **current health care card**, please make sure you fill in a **CSEF** application form to receive the CSEF payment for your child.

If you are a **current** recipient of CSEF and have a student in prep this year, please make sure they have been added to your CSEF application for 2019. Forms are available at the office.

Bookpack payments are now overdue, if you haven't paid for your child's book pack, please do so as soon as possible.