



May 16, 2019

Volume 2, Issue 2

OVERPORT NEWS

From the Principal's Desk.

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Dates to remember: MAY

Fri 17/05 Yr 6 Zoo Excur
Departs 8.30am
Mon 20/05 Naplan
- 24/0 Year 3 & 5

TERM 2 ASSEMBLIES

Monday 20th May Years 3-6
Monday 27th May Prep-2
Monday 3rd June Years 3-6
Monday 17th June Prep-2
Monday 24th June Years 3-6



Thought of the week:

*Strong people stand up for
themselves*

*—but the strongest stand up
for others!*

Anon.

Don't forget -

*Greet Them With a Smile
Not a Mobile!*

Bullying—what it is and what it is not!

As we work together in partnership, families and school, to help young people develop and understand effective social behaviors, it is vital that we understand the different social interactions. When talking about bullying, it is very important for parents, teachers and children to comprehend what is and what is not bullying. Many times, a single act or behaviour is concerning, but it is not necessarily bullying. Some think that bullying is **any** physical, verbal or aggressive behaviour causing distress or exclusion, and although such behaviors are a source of worry and need attention, it is important to separate them from bullying. **Bullying is reoccurring and deliberate abuse of power.** There are many definitions of bullying, but they all consist of the key words “power”, “aggressive” and “repeated”. However, many children do not really know what bullying is. Due to recent focus on bullying, kids refer to acts done by mistake only once as “bullying”. As a parent, it is important that you pay attention to what your kids are telling you and find out if things are happening more than once.

The Not Bullying List: 1. ***Being selective with whom they play.*** While we encourage students to be kind, they all select those friends they like to play with and may not like everyone. 2. ***Accidentally bumping into someone.*** 3. ***Making other kids play things a certain way.*** While this is normal behaviour, children may choose to play with others if they perceive someone as “bossy”. This is a learning for that child, too, as they develop their understanding that others like to contribute to the game. 4. ***A single act of telling a joke about someone or some teasing of friends.*** Making fun of others is only okay if they are happy with the teasing as well. It is important to teach children that things they say as jokes should be amusing for the person as well and if they are not, it must simply stop. 5. ***Arguments or disagreements.*** Arguments are just heated disagreements between two (or more) people (or groups). It is natural that people have different interests and disagree on many things. It is good to teach children to eventually “agree to disagree”. 6. ***Isolated acts of harassment, aggressive behavior, intimidation or meanness.*** The definition of bullying states that there is repetition in the behavior. Bullying is a conscious, repeated, hostile, aggressive behavior of an individual or a group abusing their position with the intention to harm others or gain real or perceived power. Therefore, anything that happens once is NOT an act of bullying.

As a parent, it is important that you pay attention to what your kids are telling you and find out if things are happening more than once.

From the website “Family Matters—Practical Parenting Blog” there are many helpful ideas and explanations of what bullying is and isn't. I trust that this will help both your child and you as they learn good social skills.

<https://www.ronitbaras.com/emotional-intelligence/personal-development/what-is-not-bullying/>

...continued overleaf



Amelia 4A,
Aleksandra 4A,
Jae 4B, Torres 2D,
Liam 2D, Brooke 6B,
Saya 3/4A, Noah PD,
Chad 5C, Riley 1C,
Ella 5D, Georgia 6C,
Sean 6D, Sarah PA,
Kosta 3/4A,
Ethan 3A, Matilda 5C,
Beau 5D, Tania 6C,
Kruz 6D, Chace PC,
Willow 3B,
Thomas 3C,
Cherry 4D,
Angel 1A, Isabella 1B,
Noah 1E, Charlie 4C,
Ashanti 5B,
Cooper 6D,
Nanditha 1E, Evie 5A,
Jasmine 6B,
Matias PA, Mali PA,
Alexandria 1C



**Extend OSHC at
Overport Primary
School**

For Bookings

Phone 1300 366 437

Parent Portal

extend.com.au

Principals Report (Cont.)

The Dangers of Social Media—are your kids ready!

If our children were able to effectively use social media sites such as Tic-toc, FB, Instagram etc, there would not be an age limit. Do you know who they have on these sites...is the “12 year old child” claiming he is from another local school, really what he claims or is it a 50 year old person just trying to get into your child’s head? Consider how easily it is for them to post what school they go to or photos in their uniform or around their street...how safe are they when they do this?

Overport PS does not support students using social media of any type that is not monitored through safe school channels such as Seesaw, Class dojo, etc. When your child is being cyber bullied it is essential that you address this with them. Too many children spend too much time on social media sites and believe what is there, what is said or what is promoted. These sites are designed to be addictive and are having a significant adverse impact on our young.

As parents it is vital to take control and do not allow the pressure of “...everyone is using it...” to be the decision maker in your home.

Cyber harassment which impacts on other students in our school will be taken very seriously. How distressing it is for adults when their child tells them of unkind things said about them or their friends on social media? Do they have access to these sites without your knowledge, control or support? As parents in this situation, explain to your child why you need to remove them from these sites. Ensure you monitor all their digital access and what they are involved in and doing on line. When they are teenagers, help them learn to navigate this highly anonymous area safely. Teach them that what others say do not make things true and that they should ignore this because cyber bullying is weak. Help them learn when to “Leave the chat!”

To support our students from year 3 to 6 with cyber safety we have engaged the Alannah Madeline Foundation. This 11 week program will be run within classrooms. You may like to look at the site using the link below:.....

<https://www.digitallicence.com.au/about-digital-licence/primary/>

Thank You to Our Parents at the Mother’s Day Stall.

A highly dedicated and enthusiastic group of parents prepared the Mother’s Day stall well into the evening and then turned up to assist the children with their purchases. Our mums, aunties and nanas were very lucky! I was told that the Preps were “..demented with excitement!”. As well as providing this opportunity for the children to enjoy buying something delightful for these special people in their lives, the group also raised \$1938.12. What a terrific effort.

Thank you so much.

Kind Regards,

Julie Gleeson Principal.

**I ♥
MUM**

Assistant Principals Report

Mothers' Day Stall

A formal Happy Mother's Day to all of the very special woman in our Overport community, we hope you had a magnificent day. It was lovely to see so many people in attendance at our Prep Mother's day morning tea. I particularly liked the nail painting station and the decorative biscuits. A huge thank-you to the Prep team for all the time and effort that went into organising the event. I also wanted to pass on a huge thank-you to Erin Clifford and her team for the hours of organisation that went into the Mother's Day Stall. The gifts were incredible and I have no doubt we've raised a considerable amount of money that we can invest into plants for our Indigenous Garden.

NAPLAN TESTING

Congratulations to our students in years 3 and 5, who have been involved in NAPLAN tests this week. Online testing will continue into next week. It is important to remember for those students who completed the tests, that they cannot pass or fail the assessment. We spoke to our students before the testing about the importance of trying their best but also remembering that it is only a snapshot of what they are achieving at school. The results are helpful to us as a school, they can assist us to identify student strengths, and the areas to be addressed or improved. The NAPLAN tests will now be sent to the NAPLAN assessors for marking. Student results will be available to families and the school later in the year.

SENTRAL - Parent Portal

Hopefully a letter regarding the Parent Portal arrived home safely towards the end of last term. With such a large community we're anticipating it will take several months to have all members connected successfully. We have over 200 families already connected. Currently you only have access to student information and attendance. As the connection rate of families increases and our understanding of the functions improves we will open more aspects of the Portal. Ms Yanni and her maths team have been working very hard behind the scenes to provide a maths continuum of learning for every student. This will provide parents with very specific information on how their child is performing in the area of Mathematics. We're hoping to have the continuum available to parents, through the Parent Portal, by the end of Term 2.

If your Parent Portal letter didn't arrive home, please email me at joyce.ricky.r@edumail.vic.gov.au

SAVE THE DATE



Our much anticipated PARENT - TRIVIA NIGHT is locked in for Saturday 17th August. I have no doubt that with Kia Peterson and her team already in full swing that this evening is going to be a blast! Information regarding ticketing will be out shortly.

Regards,
Ricky Joyce and Jill Wathen
Assistant Principals



Fundraising Opportunity for the Overport Community

★ The Trivia Committee are seeking sponsors and donations to support our
★ 2019 Trivia Night (Saturday August 17).

★ Advertising opportunities (and a nice warm feeling inside) are available for members of our local community who get behind our efforts to raise money for our children's Indigenous Garden. All donations (large and small) that can go towards the running of the evening or be raffled will help our school landscape an important addition to Overport Primary School.

★ Please contact Rachel if you are in a position to help. rachelgresle@y7mail.com



*Prep
Mother's Day
Pamper Morning*



Student Reflections

Walk to school day



This Friday it is national Walk Safely to School Day.

Walk to School day is a day where we encourage you and your parents to walk to school. We encourage you to learn road safety and health.

Until you are ten, you must always hold your parents hand when crossing the road, this is to make sure you are always safe when crossing the road.

But this day isn't the only day you can walk to the school with your parents, we encourage you to try and walk as much as you can to help stay healthy.

And if you walk to school on this day you will receive a special sticker, so get your walking shoes on!

Jhett - Student Health Ambassador Captain



ingredients

- 1 slice meat of your choice (chicken, ham, etc.)
- 1 rice cake
- 1 boiled egg
- 2 sultanas
- 1 slice of cheese
- 2 slices of cucumber
- 1 carrot stick



Rice cake owls

Here's how to make a fun little rice cake owl snack or light lunch for the kids. They won't even catch on to the fact that it is healthy!

prep: 0:05

