



May 5th, 2022

OVERPORT NEWS

From the Principal's Desk.

Overport Primary School
Towerhill Road,
Frankston 3199.
Telephone: 9783 8777

Email:
overport.ps@education.vic.gov.au
Website:
www.overport-ps.vic.edu.au

Dates to remember:

TERM TWO

9 May—BOOK CLUB Orders due

10th-20th May- NAPLAN year 3 & 5

12th May—Year 4 excursion

20th May—District Athletics Trial Years 4-6

26th May—Year 6 Zoo Excursion

3rd June—Whole School Assembly

13th June—Queen Birthday Public Holiday—no students on site

17th June—Year 5 excursion to Scienceworks

STIR CRAZY KIDS

TERM 2 CANTEEN MENU AVAILABLE!

SEE THE MENU ATTACHED AND ON OUR WEBSITE

Welcome Back

Welcome to term two which has started with a bang! It is obvious that our students have excitedly returned to school with their wonderful teachers and great friends.

ANZAC Ceremony

We finished the first week with our beautiful ANZAC Ceremony on Friday 29th April. As this was recorded, it can still be viewed on our website on the following link: <https://www.overport-ps.vic.edu.au/school-updates---2022> It is also on our Overport Primary School FB page. I was exceptionally proud of our year six leaders and how they lead the ceremony and of the respectful way all our students participated.



Colour Run, Easter Raffle, Mother's Day Stall raised \$30,318.00

Our Colour Run, which was so much fun for the students last term, raised an outstanding amount of \$25,473.63. A huge thank to Miss Hull and Mrs Cumberlandidge for their organisation and to the parents that came to help (we couldn't have done this without your assistance!!) as well as the student leaders that enjoyed spraying colour on the children as much as they enjoyed being sprayed! We greatly appreciate all the students and their families who brought Easter eggs on our free dress day. Thank you to the parents who worked so hard to create all the wonderful hampers. The children enjoyed the parade and our community raised \$2331.31, which is a great effort! Our Mother's Day stall completely sold out! Our parents' commitment to provide this special opportunity for the children to buy a gift for their mums and nanas was truly amazing. They raised \$2513.75! The funds raised are targeted toward increasing our digital devices as well as consideration to developing a Ninja Warrior course for the students. Currently, we have 120 devices ready to be rolled out and our plan is to continually increase this to significantly improve the 'device to students' ratio. What an excellent start to support these initiatives.

...continued overleaf



To all students celebrating their birthdays this week and next week

Shailee 3C,
KJ 6A,
Tyrone 6A,
Annabel 6D,
Eva 6A,
Rose 6A,
Grayson PD,
Amelia 6B,
Tommy 2B,
Charlie 2D,
Poppy 3D,
Harrison PB,
Felix 2B,
Ophelia 6C,
Tamika 3C,
Lucy 5D,
Leo PB, Oscar 2B,
Spencer 3B,
Ollie 4D,
Candice 3B,
Seb 5D,
Alec 3C,
Ruby 4C,
Chloe PD

Strength of character isn't always about how much you can handle before you break. It is about how much you can handle after you've broken. Stay strong!

Indira Gandhi

Principals Report (cont)



Health Impacts of Vaping

Risks for Young people and Youths.

Vaping is unsafe and potentially dangerous. While the long-term health effects are unclear, we do know that vaping in the short-term has been associated with **nausea, vomiting, mouth and airway irritation, chest pain and heart palpitations and in some cases, even death.** It is critical that you become well aware of the dangers and that you discuss these with your children.

What are the actual risks of vaping?

Besides nicotine, e-cigarettes contain harmful and potentially harmful ingredients, such as:

- ultrafine particles that can be inhaled deep into the lungs.
- flavorists such as diacetyl, a chemical linked to serious lung disease.
- volatile organic compounds.
- heavy metals, such as nickel, tin, and lead.

They are designed to be addictive and are readily available without regulatory control; such as on some milk bar counters near sweets. Some look like marker pens or other items that would attract young children. Some have smells, such as watermelon and other attractive flavorings. They are highly addictive and significantly dangerous. Research suggests that in some cases children as young as 8 years old have tried vaping. Further information can be found at:

E-cigarettes and vaping - Lung Foundation Australia <https://lungfoundation.com.au>

Kind Regards,

Julie Gleeson Principal.

Children do learn what they live.

Then they grow up to live what they've learned.

Dorothy Nolte

Privacy Note: The Department of Education and Training (which includes all Victorian government schools, central and regional offices) values the privacy of every person and is committed to protecting information that schools collect. Please view the Overport Privacy Policy and all other policies on the Overport website.

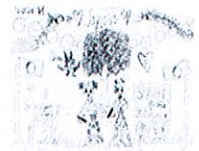
JAPANESE NEWS



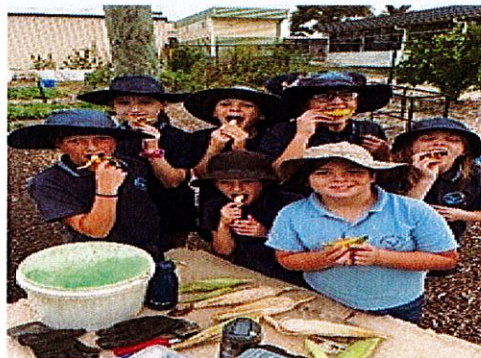
Minasan konnichiwa (Hello everyone)

Last term, some of the year three to six students participated in the Overport Japanese Drawing Competition. I thoroughly enjoyed looking at each entry! Many students demonstrated their great knowledge of Japanese and excellent artistic skills with their originality. I witnessed some students spending quite a lot of recess time to add more details to their work. I truly appreciate those who put their effort and time in to complete their Japanese drawings and I will display all the works in the Japanese room. I will exhibit the winner's copied drawings on the Japanese door as well. I am sure all these works will support other students Japanese learning, especially the junior students when they start learning Japanese in the next semester.

Omedetoo (congratulation) for Zahli (Year 3), Candice (Year 3), Lyra (Year 3), Nanditha (Year 4), Stella (Year 4), Seren (Year 5), Poppy (Year 5), Mia (Year 5) and Macy (Year 6). I also would like to share my appreciation of our art teacher, Mrs. White with her assistance to select the winners work. There were so many amazing pieces and I could not select the winners without her help. I hope those who missed out this time will try out in another opportunity.



VEGETABLE GARDEN NEWS—Help Needed!



Last week, some of our very lucky students had opportunities to taste the bananas grown right here in the vegetable garden! The gardening club with Mr. Malinson is open to year four to year six students where they learn a wide range of gardening skills. Any student above year one is welcome to join in on Tuesday for lunch time gardening activities with me. **If there are any community members interested in assisting in the vegetable garden, please contact to me. My email address is Tommoko.yamashita@education.vic.gov.au.** I am at school on Monday, Tuesday and Wednesday every week.

Arigatoo gozaimasu (Thank you very much)

Tomoko Yamashita (Japanese teacher)

IMPORTANT DATES



IMPORTANT REMINDERS FOR May 2022

For further details, always refer to our newsletter, or contact your child's teacher.

EVENTS in MAY

Tuesday 10th – Friday 20th May- NAPLAN for year 3 & 5

Thursday 12th May- Year 4 excursion

Friday 20th May- District Athletics trial year 4-6 (inclement weather back up date 27th)

Thursday 26th May- Year 6 excursion to Melbourne Zoo

Proposed EVENTS in June:

Friday 3rd June- Whole School Assembly

Monday 13th June- Queen Birthday Public Holiday- No school today

Friday 17th June- Year 5 excursion to Scienceworks.

Thursday 23rd June- Academic reports published on Compass

Community News

Little Hoop Group-learning basketball through fun!

Little Hoop Group is an engaging programme aimed at teaching children between the ages of 4 and 9 the skills and knowledge they need to play and enjoy basketball.

Our experienced Little Hoop Group coaches lead participants through a wide variety of activities each week that introduce children to the rules of basketball and help them to develop the essential skills required for the sport. There is an emphasis on having fun whilst learning!

Little Hoop Group is suitable for beginners and those with up to 2 years of basketball experience.

Location: Frankston High School, Foot Street Frankston.

Dates: Every Friday during school terms.

Time: 4.15 p.m.—5.15 p.m.

Cost: \$8 per session – no term fees.

Registration/Further Information: E-mail head coach, Peter Biggs, at peter-biggs10@outlook.com

Ph: 0455 414 646



Mount Eliza Soccer Club are looking for players to join:

Boys Under 15, Girls Under 13, Girls Under 7 and Under 8

If you have ever wanted to play soccer this is a great opportunity.

Come along, have fun, make new friends and learn a new skill in a motivating and supportive environment.

If you or anyone you know are interested, please email for more information
secretary@mountelizasoccerclub.com.au

OVERPORT PRIMARY SCHOOL



ON-LINE LUNCH ORDERS

You can order your child's lunch online

Stir Crazy Kids



Down load the App at the App Store or Google play

We will have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades, choose their lunch. Add it to your cart and checkout for each student individually, and we will take care of the rest. You can order in advance or on the day Ordering closes at 8.45 am Too easy!! Categories are the same as this menu.

Need some help! support@stircrazykids.com.au

Call 0405110407

CANTEEN LUNCH ORDERS

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**:
Child's Name & Grade, Food order, Cash amount enclosed

Food Allergies in **Red Pen**

Please provide one bag per order

*If a bag is not supplied 20c for a bag will need to be included.

* To help us to comply with Food Safety Regulations all Paper Bags must be new

LAVAZZA

Grab a Coffee or Hot Choc
on Canteen Days

Hot Chocolate

\$2.20

Coffee

\$3.70

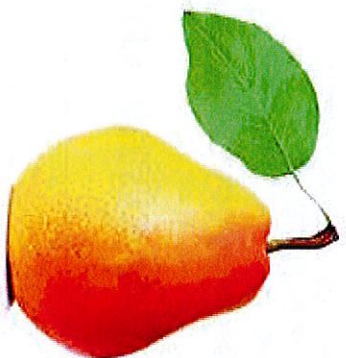
Tea

\$2.00

Light Milk and Soy Available

TERM 2 2022

CANTEEN MENU



Nutritional Guide

All The Food in this Canteen Menu has been ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

😊😊-Green 😊- Amber

This Menu is in line with the DET School Canteen and other School food Policy "

Whilst we offer Gluten Free choices they are prepared with care in a Gluten environment

TUMMY TEASERS

Available for Lunch orders and every Canteen day at Recess and Lunchtime

😊😊 Orange 1/4	.50c
😊😊 Slinky Apple	\$1.00c
😊😊 Slice of Fruit in Season	\$1.00c
😊😊 Mini Muffin	\$1.00c
😊😊 Anzac Biscuit	\$1.00c
😊😊 Gluten Free Anzac Biscuit	\$1.20c
😊😊 Garlic Finger	.50c
😊😊 Jumpys (Chicken/Salt&Vrn)	\$1.10
😊😊 Vegie Chips (Gluten Free)	\$1.50
😊😊 Grain Waves	\$1.50
😊😊 Cobs Pop Corn	\$1.50
😊 Plain Small Bag	.50c
😊 Ginger Bread People	\$2.20
😊😊 Yoghurt Tubs—Topped with Fruit Coulis	
Sml- \$1.00 Med- \$1.50	
Available Frozen	
😊😊 Quelch—Frozen Fruit Icy Pole	\$1.00

DRINKS

😊😊 Juice Box 250ml— Apple /Orange	\$2.00
😊😊 Apple & Blackcurrant	
😊😊 Oak Milk 250ml	
😊😊 Choc / Straw /Van	\$2.60
😊😊 Plain Milk	\$2.60
😊😊 Lactose Free Choc Milk	\$2.60
😊😊 Hot Chocolate	\$2.20
😊😊 Bottled water	\$1.60

WWW.STIRCRAZYKIDS.COM.AU

Facebook/stircrazykidscanteen

SPECIAL MEAL DAYS

MUNCHY MONDAY

- ☺ Steamed Dim Sims \$1.00
- ☺ Gluten Free \$1.60
- ☺ With or without Soy sauce .20

TASTY TUESDAY

- ☺ Meat Ball sub \$5.50
- ☺ Beef meat balls with passata sauce and cheese in a garlic buttered long roll. Lactose free cheese .50c

WICKED WEDNESDAY

- ☺ Crispy Chicken Tender Wrap \$5.00
- ☺ With Lettuce and Mayonnaise
- ☺ Add cheese .50c
- ☺ Lactose free cheese \$1.00

TEMPTING THURSDAY

- ☺ Mrs Mac's Sausage Roll \$3.50
- ☺ Mrs Mac's Traveller Beef Pie \$5.00
- ☺ Gluten Free Pie \$5.50
- ☺ Tomato sauce 30ea

FANCY FRIDAY

- ☺ Hot Dog or Vegan sausage \$4.40
- ☺ In a white long roll
- ☺ Add Cheese 50c
- ☺ Lactose free cheese \$1.00

SPECIAL MEAL DEAL

Include an Oak Milk or Plain Milk for \$2.40
Add a Slinky Apple, Anzac or a Mini Muffin for .90c each

RIGHT-ON-WRAPPS

Mon -Thurs

Tortilla Style Wrap with your choice of:

- ☺ Cheese & Salad \$4.60
 - ☺ Ham & Salad \$5.70
 - ☺ Chicken & Salad \$5.70
 - ☺ Tuna & Salad \$5.70
- Add cheese for .60c. Lactose free cheese \$1.00 or avocado for \$1.00

SUPER SALAD BOWL

Mon -Thurs



- ☺ Super Salad Bowl \$5.00
- ☺ Lettuce, Tomato, Carrot, Cucumber & Cheese
- ☺ Add any extra filling for \$1.00 EA
- ☺ Chicken, Ham, Tuna, Egg, or Avocado
- ☺ Lactose free cheese .50c

HOT ITEMS ANY DAY

Meal Deal Any Day

- ☺ Penne Pasta & Oak Milk \$6.80
- ☺ Add a Slinky Apple, Anzac or a Mini Muffin for .90c each

- ☺ Penne Pasta with Cheese \$4.40
- ☺ (Available Gluten Free) \$5.40
- ☺ Mini Corn Cob \$1.00
- ☺ Hard Boiled Egg \$1.00
- ☺ Chicken Zoomer with cheese \$5.00
- ☺ Tuna, Chicken or Ham Melt \$4.80
- ☺ Toasted with Corn & cheese \$4.80
- ☺ Pita Pizzas \$4.00
- ☺ Margarita \$4.00
- ☺ Garlic & Cheese \$4.00
- ☺ Cheese & Vegemite \$4.50
- ☺ Ham & Cheese \$4.80
- ☺ Hawaiian \$4.80
- ☺ BBQ Chicken \$4.80

SUPER SANDWICHES

& ROCK 'N' ROLLS Mon-Thurs

Your Choice White Hi Fibre/Wholemeal Rolls are available for an extra 60c
Gluten Free Bread \$1.00 Lactose Free Cheese .50c

- ☺ Vegemite \$2.50
 - ☺ Honey \$2.50
 - ☺ Cheese \$2.80
 - ☺ Cheese & Vegemite \$3.20
 - ☺ Cheese & Lettuce \$3.40
 - ☺ Cheese & Tomato \$3.40
 - ☺ Egg \$3.30
 - ☺ Egg & Lettuce \$3.70
 - ☺ Fresh Chicken \$3.80
 - ☺ Fresh Chicken & Salad \$5.70
 - ☺ Ham \$3.80
 - ☺ Ham & Salad \$5.70
 - ☺ Ham & Cheese \$4.40
- Extra fillings, Tomato, Cheese, Carrot, Lettuce
All extra fillings are 60c each
Avocado \$1.00

Truly Tasty Toasties

- ☺ Vegemite \$2.50
- ☺ Cheese \$2.80
- ☺ Ham \$3.80
- ☺ Ham & Cheese \$4.40
- ☺ Chicken & Cheese \$4.40
- ☺ Cheese & Vegemite \$3.20
- ☺ Cheese & Tomato \$3.40
- ☺ Ham, Cheese & tomato \$5.00

Order online Details PTO

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MUNCHY MONDAY

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- ☺ Gluten Free \$1.60
- ☺ With or without Soy sauce .20

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- ☺☺ Tuna & Salad \$5.70

Add cheese for .60c. Lactose free cheese \$1.00 or avocado for \$1.00

SUPER SALAD BOWL

Mon -Thurs

Super Salad Bowl \$5.00



Lettuce, Tomato, Carrot, Cucumber & Cheese
Add any extra filling for \$1.00 EA

Chicken, Ham, Tuna, Egg, or Avocado
Lactose free cheese .50c

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- ☺☺ Cheese & Lettuce \$3.40
- ☺☺ Cheese & Tomato \$3.40
- ☺☺ Egg \$3.30
- ☺☺ Egg & Lettuce \$3.70
- ☺☺ Fresh Chicken \$3.80
- ☺☺ Fresh Chicken & Salad \$5.70
- ☺☺ Ham \$3.80
- ☺☺ Ham & Salad \$5.70
- ☺☺ Ham & Cheese \$4.40

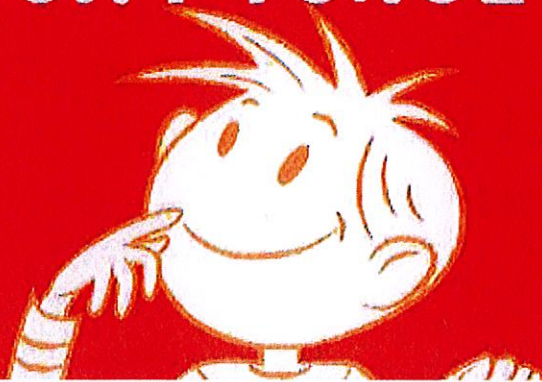
Extra fillings: Tomato, Cheese, Carrot, Lettuce
All extra fillings are 60c each
Avocado \$1.00

Truly Tasty Toasties

- ☺☺ Vegemite \$2.50
- ☺☺ Cheese \$2.80
- ☺☺ Ham \$3.80
- ☺☺ Ham & Cheese \$4.40
- ☺☺ Chicken & Cheese \$4.40
- ☺☺ Cheese & Vegemite \$3.20
- ☺☺ Cheese & Tomato \$3.40
- ☺☺ Ham, Cheese & tomato \$5.00

[Order online Details PTO](#)

DON'T FORGET!



Online Orders Only

 **SCHOLASTIC**

Book Club

orders are due:

Monday 9th May 2022

NO CASH ORDERS WILL BE ACCEPTED