



November 5, 2020

Volume 4, Issue 3

# OVERPORT NEWS

*From the Principal's Desk.*

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## Dates to remember:

### TERM 4

### NOVEMBER

**Fri 27th**      **Curriculum  
Day  
No students**



*Thought of  
the week:*

**Strength lies in  
differences,  
not in similarities.**

**Stephen R Covey.**

## *Don't forget the Resilience Zoom Meeting Tonight!*

Overport Primary School is proud to announce that we are offering all of our current and future families the opportunity to attend a seminar presented by The Resilience Project. We have been in partnership with The Resilience Project for the past three years. This project plays a vital role in ensuring our students are being explicitly taught how to be mentally healthy by exploring the importance of gratitude, empathy and mindfulness.

*"The Resilience Project delivers emotionally engaging programs to schools, sports clubs and businesses and provide them with evidence based, practical strategies to build resilience and happiness. The Resilience Project has delivered programs to over 500 schools around the country and worked with many elite sporting teams including Australian cricket, netball and soccer, NRL and AFL clubs. Through presentations, wellbeing journals, schools curriculum, teacher diaries and their App, The Resilience Project seeks to help all Australians become mentally healthy.*

*Programs offered by The Resilience Project are based on the following strategies:*

*Gratitude - Appreciating what you have, not begrudging what you don't.*

*Empathy - Thinking of the needs of others/kindness.*

*Mindfulness - Being present in the moment, not becoming distracted by unhelpful or negative thoughts.*

*During this presentation, Martin Heppell will share his experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing."*

The Resilience Project is inviting you to a scheduled Zoom meeting.

Topic: Overport PS presents, 'Discovering Resilience' with Martin Heppell

Time: **Nov 5, 2020 07:30 PM AEST**

Join Zoom Meeting

[https://us02web.zoom.us/j/87900281703?  
pwd=aHdJWWpuNDRYamR6L2UvRFIwSTBrZz09](https://us02web.zoom.us/j/87900281703?pwd=aHdJWWpuNDRYamR6L2UvRFIwSTBrZz09)

Meeting ID: 879 0028 1703 Passcode: TRP2020



## *NAIDOC Week—2020.*



The theme for NAIDOC Week this year is 'Always Was, Always Will Be' and recognises the First Nations people that have occupied and cared for this continent for over 65,000 years. It also acknowledges that hundreds of Nations and Indigenous cultures have covered this continent. NAIDOC Week celebrations are held across Australia each year to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. However, NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. Our students will participating in a activities during NAIDOC week to recognise and celebrate its importance. As well as a special focus on our Friday Wellbeing Day.



*...continued overleaf*



*To all students  
celebrating their  
birthdays this week  
and next week*

Samuel 1C,  
Michael 1D, Elli 3/4A,  
Ella 6E, Adam 1B,  
Riley 2D, Veer 1A,  
Ronnie 5B, Tyler 3B,  
Cooper 2A,  
Dusty 2E, Alaina 2E,  
Darel 1B, Noah 3B,  
Emily 5C, James PC,  
Dali PC, Campbell 6D,  
Harper PB, Eric 3D,  
James 4C, Chanel 6B,  
Roianan 6D,  
Lewis 3C,  
Gwenllian 1B,  
Rylan 1B



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### ***Essential Education Items.***

The Education Department have recently made a few amendments to the Parent Payment Policy. The school have been working closely with School Council to make the necessary adjustments. Mr Joyce has developed a short video which outlines any changes. Please click on this link to view the video <https://www.wevideo.com/view/189432931>

Due to an administration delay we apologise that this has not arrived as promised. However parents will receive our the Essential Educational Items information shortly via email that will include:

- A year level specific Parent Payment Policy for 2021
- A cover letter explaining the breakdown of charges & available payment options
- A statement/account that will have your Essential Education Items charge

Please note: The statement/account doesn't include a voluntary contribution amount. This would be a nominal fee on top of your account charges. This year we're hoping you can contribute \$50.00 per child. For example, if your Essential Items charge is \$170 + \$50 (voluntary contribution) you would pay \$220.

Following this, you will receive via email:

- An itemised copy of the essential book pack items for your child/ren. These will now be directly delivered to your home for convenience.
- A link that will connect you to a parent portal, where you can select and pay for your child's book packs for 2021.

Please let us know if you have any questions.

### ***Overport Radio Station – Live again!***

Due to the COVID-19 outbreak, our official 2020 launch of OPS Radio was placed on hold. Thankfully, with case numbers easing and regular site cleaning occurring at our school we are now able to once again start recording. Our original plan for 2020 was to open the radio station to all students, this unfortunately won't be possible. However, we feel that we will be able to allow our current 'Radio Announcers' to once again record some podcasts by adhering to strict COVID-19 protocols to safely resume their roles as ambassadors for OPS Radio. Keep watching for details regarding the first podcast.

### ***Cyber Safety/Social Media—Its in your hands!***

Please ensure you have seen the email I forwarded today regarding keeping your child safe via social media. Most social media platforms are not designed for primary age students. Children are very open in what they place online, happily sharing addresses and personal information to those they do not know which can make them vulnerable to predators and possible harm. There is also the concern around cyber bullying which can be delivered in this discrete form and then cause a great deal of conflict and fall out at school as well as distress at home. Currently, a large percentage of friendship and behavioural issues being addressed at school are extending from inappropriate communication online that has occurred outside of school hours. Some of these posts are deliberately unkind, targeted and designed to upset. Whilst we can't control decisions around technology at home, we can strongly encourage parents to read the information at this link to ensure you are making informed decisions. <https://www.esafety.gov.au/parents>. The email is also on our website.



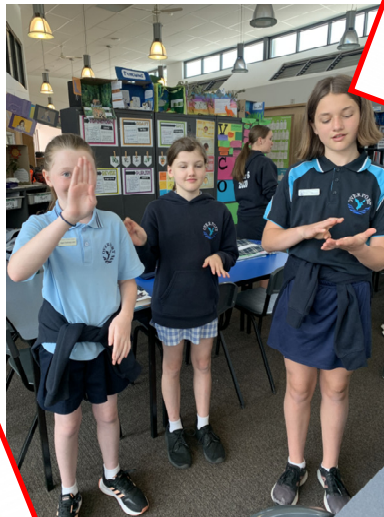
*Kind Regards,  
Julie Gleeson Principal.*

#### **Privacy Note:**

The Department of Education and Training (which includes all Victorian government schools, central and regional offices) values the privacy of every person and is committed to protecting information that schools collect. Please view the Overport Privacy Policy and all other policies on the Overport website.



# Auslan Awareness Day





# Japanese News



*Minasan Konnichiwa* (Hello everyone)

First of all, arigatoo (thank you) for those who managed to do Japanese remote learning during the last two terms. I always looked forward to reading, listening and watching the students' response to the assigned works. Even though face to face is the best way, I still felt connected to the students and was able to discover new aspects of each student. I would also like to show my appreciation to the families' great assistance for their children's Japanese learning. Especially during the last term, I could often hear the junior students' older siblings, parents and grandparents supporting their completion of the Japanese learning activities.

During this term, the key focus for Prep, Year one and Year two Japanese lessons are students' wellbeing, Japanese language learning and Japanese cultural understanding. I will use a lot of games to enhance the students' Japanese language skills (especially



listening and speaking) as well as social skills. In addition, prep students will do math related activities based on Japanese stories. Year one students will learn some of the geography and earth science curriculum aspects (such as observing the seasons and nature around us). Year two students will learn physical science by creating and observing toys incorporating Japanese toys and other cultural aspects.



As some of you may know, I am also doing some gardening activities with students. This term, I will try to be in the vegetable garden Monday lunch time and the Japanese garden Tuesday lunch time. As the weather warms up, not only the vegetable but weeds grows very quickly. One of the key works needs to be done is weeding and I really appreciate the students' help. If I am in the garden and the gate is opened, any students are welcome to help me in the garden.



If there are any questions or requests, please feel free to contact me, or leave a message at the office. I will be working Monday, Tuesday, and Wednesday.

*Arigatoo gozaimasu* (Thank you very much)

Tomoko Yamashita (Japanese teacher)

