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OVERPORT NEWS

From the Principal's Desk.

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*Thought of
the week:*

*In a gentle way,
you can
shake the world!*

Mahatma Gandhi

RUOK Day!

Today we are acknowledging RUOK day. This is a great opportunity for the Overport school community to recognise the importance of our mental health and wellbeing, and to reflect on the role we all play as a community in supporting one another. This is particularly relevant in these challenging times when many of us are feeling under pressure, and our young people are removed from their friendship groups and normal routines. I would like to take this opportunity to remind you that there are many supports we can offer here at Overport for our students, families and community members, and encourage you to reach out when help is needed. Further information about RUOK Day can be found at <https://www.ruok.org.au/how-to-ask>

I also want to encourage you to be extra vigilant with your children, ensuring close supervision of their access to social media and internet sites, as they spend unusual amounts of time using devices during remote learning. A number of reports have come to our attention that a disturbing post has been found on the social media sites, including Tik-Tok, Twitter, Instagram and Facebook. Please ensure your child is not likely to be exposed to social media that may cause significant distress. I encourage anyone who may be at risk or experiencing emotional distress, including worried family and friends, to contact one of the following services.

Kids Helpline. 1800 55 1800. Phone support is there all day, every day. Online support is open from 8am-midnight daily.

eHeadspace. 1800 650 890. Open 9am-1am daily.

Lifeline. 13 11 14. Phone support all day, every day. Online support 7pm-4am daily.

Beyondblue. 1300 22 4636. Phone support daily, every day. Online support 3pm-midnight every day.

Please contact us if you have any queries or we can assist you in any way.

Stay safe and healthy!

Don't forget...We are now taking enrolment for 2021 Preps.

If you have a sibling who is attending school in 2021, or know of someone else who will be enrolling their child for next year, please see our website:

<http://www.overport-ps.vic.edu.au/enrolment-forms.html> for an enrolment application. Please forward your enrolment form to the school email address: overport.ps@education.vic.gov.au

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To all students who have been celebrating their birthday in isolation.

Simone 3/4A, Grace 2E, Maddie 5D, Seth 6B, Liam 1C, Lyra 1C, Taya 4B, Emilie 6B, Deren 6B, Charlie 6C, Poppy 2A, Ella-Rose 5E, Ivy PD, Deanna 3B, Lenny 3C, Robbie 3E, Phoebe 5E, Lily 5C, Holly PC, Jaxs 4B, Kalen 5/6A, Jessica 3D, Angelica 3/4A, Evelyn 1C, Kurtzhyon 4B, Tarik 6C, Emily 6D, Liam 6E, Orlando 6D, Amber 1C, Axel 3B, Samuel 4D, Hannah PA, Kaleb PD, Cruze 3C, Toby 5B, Sofia 5E, Tess 1C, Seren 4B, Peter 3C, Neha 3C, Willow 4B, Amali 6E, Michael PB, Jackson 1B, Bella 3B, Mali 5/6A, Dawn 6C



The Road Map Out—what does this mean for our school.

The Victorian Government has released its plan for easing coronavirus (COVID-19) restrictions. It includes the following decisions about school operations.

- All schools will continue to provide remote and flexible learning for the remainder of Term 3, except specialist schools in rural and regional Victoria, consistent with current settings. These changes remain subject to the advice of Victoria's Chief Health Officer:
- 5 – 9 October (first week of Term 4). Remote and flexible learning will continue for all students, except in specialist schools in rural and regional Victoria.
- VCE and VCAL students can only attend on-site for essential assessments during this week, including the General Achievement Test (GAT) on Wednesday 7 October.
- On-site supervision for children of permitted workers and vulnerable students will continue to be provided consistent with existing guidelines.
- From 12 October all students in **Prep to Grade 2** return to full-time on-site schooling. The existing remote learning program will not continue for these year levels.
- Date subject to health advice All students from Grade 3 to Year 6 will continue with remote and flexible learning. A date for the return of these year levels to face-to-face learning will be subject to further health advice.
- During the staged return, outside school hours care will be available to students attending for on-site supervision and progressively for the relevant year levels returning to on-site learning.
- Vacation care may operate during the school holidays but only for students who are eligible for on-site supervision at school in Term 3.

We all wait to return to on-site learning for all our students. In the meantime, please look after yourselves and your children. Try not to worry about their educational needs. Our teachers are highly skilled and will continue to support them as required. Make sure you take the opportunities that the beautiful spring weather offers and go outside for regular breaks, especially away from technology. I suggest also if the children can do any of the work with "pen and paper" that you encourage them to do so to minimise the amount of time on devices. While we are fortunate to have such great access between teachers and students, a sensible approach is needed. Remember, wellbeing for both you and your child/ren is the single most important factor at this time.

End of Term!

School Term finishes at 2.30 pm on Friday 18th September.

Kind Regards,

Julie Gleeson, Principal.



HPE Friday

