

NEWSLETTER

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Wednesday 24th November 2020

Dear Families,

While attending the Inner Gippsland Principal Forum on Thursday, I was privileged to learn from a guest speaker. This speaker was a clinical psychologist, and was able to provide insight into the repercussions coming from the pandemic.

An interesting notion was that of “cellular fatigue”- people are exhausted. This is causing people to have a shorter fuse than usual, making poor choices, arguing and wanting to eat less healthy food options. In the constant state of stress and fatigue, we are forgetting what we would normally do. A coping mechanism for some children (and even adults) is regression. This may be acting in a way they have not done for a long time in order to seek comfort and the familiar. Some parents have approached me with concerns, and it is reassuring to know that this is an expected response at this time.

Another expected response is to be very self centred and not be able to see past their own feelings and recognize that others are feeling drained as well.

We have been talking about looking for the positives in every day and in each other. We have been trying to start with the question “What went well today?”, or “What was a good thing that someone did today?” and follow up by telling others when we noticed they have done something positive.

It is also good to have something each day, and something bigger each week, to look forward to. We have gone so long with negative events being the focus that we may have neglected the fun in our weeks. The weeks may be long, but looking forward to colouring in for 10 minutes in the afternoon, a game on Thursday morning, even a picnic lunch on the weekend, can make all the difference.

Also we have just had some lines painted at the rear of the school providing some great spaces for the children to play.

Have a great week everyone,

Tamara Halket

Gold medallist for the most books read in one weekend by someone at GDPS



TERM 4 2020	DATES TO REMEMBER	TERM 4 2020	DATES TO REMEMBER
25th Nov	Prep Transition— 9am to 11am	7th Dec	YSC Year 7 Transition
26th Nov	Year 6 Transition to YSC	8th Dec	Prep Transition—9am to 1.15pm YSC Year 7 Transition
27th Nov	Book club orders Due	9th Dec	YSC Year 7 Transition
2nd Dec	Prep Transition—9am to 11am		

NOTICE BOARD

- Don't forget your long sleeve top for clay making in Art
- Prep transition tomorrow —9am to 11am
- Don't forget to send your child to school with their own water bottle. Due to COVID restrictions our water fountains are still closed
- We have just been given some second hand uniform. Free to anyone who wants it
- We still have some new pants and shorts available for free.
- Don't forget Bookclub is due on the 27th November. There are plenty of Christmas specials to be found. Remember every book sold earns points for the school to purchase more books for our Library
- Christmas raffle tickets will be coming home today
- We are now collecting donations for the Christmas Raffles

STUDENT FUNDRAISER
Year 6 Students will be selling
icy poles each day at lunch time.
50c each



Community Corner

- * Carrajung Community Family Christmas party 29th November 11.30am onwards at Carrajung Memorial Park
- * Tucker Night for the year will be Friday the 4th of December see attached flyer for menu
- * Every Thursday Community House sell lunches for \$5.00 each
- * Gormandale gets in the Christmas spirit— Gormandale Community House Fundraiser. They are raising money to install an air conditioner in the main room. Christmas trees are available from the GCH and range between \$15 and \$30. Come on in between 9-4, Tuesday thru Friday. You can order one painted or unpainted. Get on the Tree Trail Map while you are there.



AROUND THE CLASSROOMS

Junior Room

Oh my goodness what an amazing Term we have had so far in the Junior Room!! Over that past few weeks all students have been blowing everyone away with all the amazing growth they have had in all learning areas. In reading, I have seen all students using our reading strategies and taking on feedback with their reading. Just WOW, everybody has made huge leaps in their writing this Term and have shown a Growth Mindset when it came to improving on their work. We are just having a blast in maths, we all love our hands on activities that have help us understand different maths topics and our growth can be seen since the start of the year. Now for our toys...WE ARE SO EXCITED!! It is toy making week, our little inventors are about to begin construction on their toys
Looking forward to a great rest of the Term Miss V.

Middle Room

This week we finished our Metric Measurement Olympics will cotton ball shot-put and ruler relay. Everyone was awarded a gold medal and a bar of gold (crunchie) for being a good sport. We practiced adding up money amounts by going shopping with catalogues and learnt all about fractions with Pop Tarts.



Senior Room

This week in the Senior class we are writing narrative and persuasive texts. In maths we are collecting data from our vegetable garden and creating digital graphs using Excel. We are completing some tests to show how much we have learnt this year.



ART UPDATE

The art room has been a delightful mess of clay and water over the last two weeks, with each grade experimenting with the different techniques involved in making artwork out of clay.

This week, the P/1s and 2/3s will begin adding some colour to their air-dried pieces, while the 4/5/6s continue to work with their wet clay creations.

It's always fun to try different things and get your hands dirty!



TUCKER NIGHT TAKE AWAY MEALS

**FRIDAY
4th
December**

6 to 8PM

**PHONE
51977369**
If engaged
0429977415

**Pre-orders strictly
from
5.00pm**

For pick up from 6-8pm

**GORMANDALE RECREATION
RESERVE**

Please phone through orders
where possible.

Lasagne - Home made, rich, creamy... Yummy

Chips & Slaw \$14.00

Roast Lamb Roll \$ 9.00

Delicious roast lamb in rich gravy on a roll, served with chips

Flathead Chips & Slaw \$15.00

Chicken Schnitzel Chips & Slaw \$14.00

Chicken Parma Chips & Slaw \$16.00

Snitz twist - Chicken schnitzel topped with bacon and a creamy garlic
sauce Chips & Slaw \$16.00

1/2 size

Schnitzel, Flathead, Lasagne \$11.00

Chips	Small	\$3.00
	Medium	\$5.00
	Large	\$9.00

Kids Meals -\$5.00

Fish & Chips Nuggets (5) & Chips Lasagne & Chips

Gluten Free— available

Chocolate Mousse

Eftpos is available.

Please adhere to social distancing whilst placing or waiting for your order.

BAR **WILL NOT BE OPEN,**

STRICTLY NO EATING IN THE CLUBROOMS