

Dear Parents/Guardians,

All classes at Overport Primary School are holding a Carry in, Carry out Waste-Free Lunch Challenge starting the first Monday back of term 4, 7<sup>th</sup> October until the 11<sup>th</sup> October. On these days, we ask that your child's lunch contain as few wrappers as possible. Ideally, your child's lunch will only contain items that will be eaten, composted or recycled. If students carry in food wrappers they will be encouraged to carry them out by putting them back in their lunchbox and taking them home.

Reusable containers are a handy way to pack a waste-free lunch. They also make it easy to buy food and drink in bulk (instead of in single-servings) which can save money over time. The Carry in, Carry Out Waste-Free Lunch Challenge is one of Overport Primary School's sustainability education initiatives. By participating, students will have a better understanding of how we can take action to reduce our waste.

Waste-free lunches also save money and promote healthy eating. All your child needs to do is bring reusable receptacles into which the lunch will be served, e.g. a reusable container, plate, bowl or cup, and reusable fork, spoon and /or knife.

Fruit and vegetable scraps (e.g. apple cores and banana skins) can be put in the school bins and will soon be used as compost for our school vegetable garden.

If you have any questions, comments or concerns about the Carry in, Carry out Waste-Free Lunch Challenge please speak to your child's teacher.

Thank you for supporting your child's participation in Overport Primary School's Waste-Free Lunch Challenge.

Yours sincerely,

Miss Moroney and the Planet Savers