

Foundation Week 3 Outline

This is an outline to help students stay updated with the curriculum to support their personal development. This is a guide for families to help provide a structure for home learning.

Remember you only need to upload one item from each curriculum area per week.

| Monday 27/4 | Tuesday 28/4 | Wednesday 29/4 | Thursday 30/4 | Friday 1/5 |
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| <p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p> <p><i>Teachers have included a document for you to tick off daily activities as you go, if you would like to use it. There is no pressure to do this and we don't need to see it. Just continuing to upload pictures of your reading, writing and maths activities is great!</i></p> | <p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day..</p> | <p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p> | <p>View the daily Seesaw introduction from your teacher, that has an outline of suggested activities for the day.</p> | <p style="text-align: center;">WELL BEING FRIDAY!</p> <p>Today is a day for some fun. Below are some suggestions that you might like to try.</p> <p>If you would like to continue working on learning tasks ...</p> |
| <p style="text-align: center;"><u>Literacy Block</u></p> <ol style="list-style-type: none"> 1. Practise your Magic Words and letters 2. Share a story daily with someone in your family or listen to a story read by your teacher on Seesaw. | <p style="text-align: center;"><u>Literacy Block</u></p> <ol style="list-style-type: none"> 1. Practise your Magic Words and letters 2. Share a story daily with someone in your family or listen to a story read by your teacher on Seesaw. | <p style="text-align: center;"><u>Literacy Block</u></p> <ol style="list-style-type: none"> 1. Practise your Magic Words and letters 2. Share a story daily with someone in your family or listen to a story read by your teacher on Seesaw. | <p style="text-align: center;"><u>Literacy Block</u></p> <ol style="list-style-type: none"> 1. Practise your Magic Words and letters 2. Share a story daily with someone in your family or listen to a story read by your teacher on Seesaw. | <p><i>Fun things you <u>could</u> do....</i></p> <p>Cooking Build a cubby inside or out! Play a board game Do a Art Hub drawing https://www.youtube.com/watch?v=qnDc1qlCH4s</p> <p>Watch something on ABC Kids on Iview (Educational Focus) https://iview.abc.net.au/category/abc4kids Create a Lego creation Watch the movie of 'The Snail and the Whale' https://iview.abc.net.au/show/snail-and-the-whale/video/ZW1770A001S00</p> |

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| <p><u>Sound waves activity</u> Listen to the soundwaves chant https://youtu.be/yM3dMF-Bxuk Focus on letters Oo</p> <p><u>Soundwaves (30 mins)</u> Complete the soundwaves activity on Seesaw</p> | <p><u>Book experience</u> Watch 'The snail and the whale' video on seesaw.</p> <p>Watch the activity from Mrs Marshall</p> <p>Draw your favourite part of the story. Have a go at labelling the pictures that you draw. Or you might like to write a sentence starting 'I liked...'</p> | <p><u>Book experience</u> Watch 'The snail and the whale' video on Seesaw.</p> <p>Watch the activity from Mr Butler</p> <p>Draw a character from the story and write describing (adjectives) words around the character that you have drawn.</p> | <p><u>Book experience</u> Watch 'The snail and the whale' Ending video on Seesaw</p> <p>Watch the activity from Mrs Sanders</p> <p>Draw the ending of the story. Label your pictures and write a sentence beginning with 'At the end of the story...'</p> | <p><i>If you want to keep learning today...</i></p> <ul style="list-style-type: none"> • 'more or less' card game • Race to ten on tens frame • Play the Final Countdown • Soundwaves games for this week's sounds. • Listen to a story |
| <p><u>Maths</u></p> <p><i>The final countdown</i> https://www.youtube.com/watch?v=TcJ-wNmazHQ</p> <p>Students roll a dice whilst this song plays and write the numbers, they roll on their dice.</p> <p>We are looking for numbers to be formed correctly, facing the right way.</p> <p>Look at Seesaw for instructions and complete in your scrapbook.</p> | <p><u>Maths</u></p> <p><i>Friends of ten</i></p> <p>Look at Seesaw for instructions</p> <p>Use the template on seesaw or send us a video of you playing this.</p> | <p><u>Maths</u></p> <p><i>More or Less</i></p> <p>https://www.youtube.com/watch?v=E34PAOGRNK</p> <p>Look at Seesaw for instructions</p> <p>Using a deck of cards, or pieces of paper, flip a card. Put it in front of you. Now flip another. Is it more? Or less?</p> | <p><u>Soundwaves (30 mins)</u></p> <p>Complete the soundwaves activity on Seesaw</p> <p>Focus is on letter Rr</p> | <p>*****</p> <p><i>Please do not feel obligated to upload any photos from TODAY on Seesaw</i></p> |
| <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'The Candle of Concentration.'</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'The Whirly Burly Snowstorm.'</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Movies in My Mind.'</p> | <p><u>Wellbeing (Mindfulness)</u></p> <p>Cosmic Kids Zen Den: 'Master the Monkey.'</p> <p>Today we are learning how to master the monkey in our mind. We can use the Zen Den superpower of</p> | |

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| <p>Today we are learning about concentration. We will practise being focused. If we can learn to focus our minds and to get really good at concentration then it will help us to get calm, learn easier and to get really skillful at doing things</p> <p>Look at Seesaw for instructions</p> <p><u>Developmental Play</u></p> | <p>Today we are learning how to calm the whirly, burly snowstorm in our minds. We will learn to use our breath to help to make the snowstorm settle.</p> <p>Look at Seesaw for instructions</p> <p><u>Developmental Play</u></p> | <p>Today we are learning how to make movies in our mind with our eyes closed.</p> <p>Look at Seesaw for instructions</p> <p><u>Developmental Play</u></p> | <p>concentration and breathing slowly in . . .and out to help us to master the monkey.</p> <p>Look at Seesaw for instructions</p> <p><u>Developmental Play</u></p> | |
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It is **ESSENTIAL** to be active everyday so that you can be happy and healthy!! Here are some ideas that you can do...

- Cosmic Kids Yoga session
- Les Mills for kids exercise session
- 'Just Dance' or 'Go Noodle'
- Go for a walk or a bike ride

- Give your kids breaks throughout the day.
 - Make sure to drink plenty of water.
- Provide opportunities to be active (a minimum of 30 minutes every day).
- Be kind to yourself and make sure you have some time every day to relax.

Choose a day to complete the specialist activities below.

| Art | Music | Technologies (Prep-2) | HPE |
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| <p><u>Learning intention:</u> Create a magical animal.</p> <p><u>Activity description:</u> Log onto Seesaw and complete the activity: "Create a Magical animal"</p> | <p><u>Learning intention:</u> To draw music notes</p> <p><u>Activity description:</u> Log onto SeeSaw and complete the following activity: <i>Draw notes/Dance</i></p> | <p><u>Learning intention:</u> To identify, and create, a simple algorithm.</p> <p><u>Activity description:</u> What is an algorithm and how does it help my computer run? In this weeks lesson we will be following, and then creating a simple algorithm to better understand how computers work</p> <p>Log into Seesaw and complete the activity 'My First Algorithm'</p> | <p><u>Learning intention:</u> To look at an object(ball) when kicking it towards a target To place your non-kicking foot next to the object(ball) when kicking</p> <p><u>Activity description:</u> Log onto Seesaw and complete the following activities: Kick Circus Part 1 Kick Circus Part 2 Knock em' down (Kick) Kick to Kick</p> |

Please note: Teachers will plan for half a day during the week. Teachers will also be required to work from school some days of the week (teaching children of essential workers) - please note that on these days they may not be able to respond to emails until the following day.