

YEAR 6 STUDENT CONFERENCE

On the first of March, we all gathered for a student conference in the hall. We all listened carefully to the marvellous Olympic athlete by the name of Natalie Porter, former WMBA captain. She told her amazing success story which truly inspired us but most importantly she told us that it doesn't take a badge to be a leader. **Allister**

The year six student conference was about being a leader and how a leader acts. **Marko**

Yesterday the best thing ever happened an Olympian came to school and talked to us about leadership. Her name is Natalie Porter and she is 36 years old. She won a silver medal at the Greece 2009 Olympics. **Corey**

Soon enough I was in Mrs. Lacey's lecture 'talk the talk' where we learned how to speak better in front of an audience. Mrs. Lacey taught us how to make a two minute thank you speech with your hand. First the intro; then you have to say a few things you learnt; then thank you; and finally an outro. This helped me heaps. **Abbey**

*My first session was healthy body healthy mind. I learnt that in coke there is 1 cup of sugar. **Sara***

Natalie talked to us about stuff that happened in the village and that hard work can result in success and inspired us to try and follow our dreams. **Damon**

It was such an inspiring speech. It made us really think about our goals in life and told us to go with our gut feeling in hard situations. It was truly an unforgettable speech!

Sprinting to our first session, 'What type of leader are you', I quickly ran to my spot right at the front. I was with Mrs. Houston. We did a personality quiz and discovered our strengths and areas we can improve. **Jennifer**

We got this really cool 5 min test about your personality. I was an otter and a beaver. An otter is enthusiastic, optimistic, inspirational and outgoing. Beavers are orderly, accurate and have high standards. **Rita**

At this session we made a paper penguin. Ms Nicholls taught us about neuroplasticity. Neuroplasticity means that your brain can keep on growing. **Tiana**

Ms. Nicholls taught us about setting your mind in the right place. The first thing we did was try to make an origami penguin without instructions and it was pretty hard. She asked us if we tried and then gave up or gave up straight away. Tim

What Mr Bryant showed us was jaw-dropping! He showed us how much sugar is in a can of coke. It was nearly full! I shall never think of soft drinks the same! I learnt many things, like high GI and low GI, the food pyramid and how different foods affect your body. Afterwards it was time for lunch and we got a special treat... donuts! It was delicious! Desiree

I was at the front of my first classroom with Mrs Lacey. It was about what you need to do to be a confident speaker. We learnt how you should speak in front a whole bunch of people. Harry W

I felt like yesterday was the best day of school year in year 6 by far. I learnt to never give up and when life throws you lemons make lemonade. Natalie was inspirational and someday I hope I can represent Australia in basketball at the Olympics just like NATALIE! - Kaleb

Mrs Lacey taught us the 'Five Finger Speech'. I walked out of the first session with lots of new strategies in my head for speaking proudly and confidently in public. Neria